



The New Zealand
Psychological Society

Te Rōpū Mātai Hinengaro o Aotearoa

The New Zealand Psychological Society & ACC are proud
to host:

'Ki te Whakaora' Sexual Violence Trauma: Towards Healing

*Bi-cultural Approaches with Māori in the
Assessment and Treatment of Sexual Violence
Trauma*

presented by:

Dr Julie Wharewera-Mika & Dr Erana Cooper

**Auckland 11 October, Wellington 13 October,
Christchurch 18 October 2016 - 9.30am to 4.30pm**



This workshop will build on the first two workshops and will explore understandings of sexual violence for Māori, laying foundations to strengthen practice. Bi-cultural approaches in engagement, assessment and intervention in sexual trauma will be discussed with a focus on enhancing knowledge and the development of useful tools and skills to best support Māori survivors. The workshop will include a mixture of presentations from the facilitators, small group activities, and facilitated group discussions of key topics and case studies.

9.30 – 10.45am

Preparing to support Māori survivors: What preparation can we undertake to be well equipped to work with Māori survivors? Understanding the impact of sexual violence, including historical trauma, for Māori, whānau, hapū and iwi. Cultural interpretations/understandings of sexual violence within Te Ao Māori (the Māori world); group activities.

10.45 – 11.15am

Kai iti mo te ata (Morning tea)

11.15 – 12.30pm

Engagement and assessment with Māori survivors: How can we meaningfully connect with Māori survivors and hear their stories? Principles of engagement with Māori; culturally responsive and sensitive approaches to assessment; working from a position of cultural humility; gathering and honouring information; case examples.

12.30 – 1.30pm

Kai nui (Lunch)

1.30 – 2.45pm

Intervention with Māori survivors: Healing – What does this mean for Māori survivors? Sharing of “Good Practice Guidelines”; review of the usefulness of current interventions/models with Māori; healing the whole person; taking a ‘Whānau Ora’ (wellbeing of whole whānau) approach; case examples.

2.45 – 3.15pm

Kai iti mo te ahiahi (Afternoon tea)

3.15 – 4.30pm

Specific supports for Māori survivors: How do we implement specific support for Māori survivors? Supporting Māori through the ACC ISSC (sensitive claims) process; review of personal commitment to implementing cultural responsiveness; being supported to support (!); group activities.



The Flying Doctors
Ngā Manu Ārahi
Mobile Clinical Psychology Consultants



Dr Julie Wharewera-Mika (DCLinPsy; Ngāti Awa, Ngāi Tuhoe, Te Whānau-a-Apanui (*left*)) and Dr Erana Cooper (PhD, PGDipClinPsych; Ngāpuhi, Ngāti Hine) (*right*) are both directors and clinical psychologists with The Flying Doctors – Ngā Manu Ārahi, Mobile Clinical Psychology Consultants. They have a long history of working together in academic, research and clinical environments, and are both passionate about advancing development and enhancing service delivery for Māori. Their current mahi is centered around service delivery research, as well as providing a national mobile clinical psychology service for ACC with Māori survivors.

Julie has extensive experience as a practitioner in the mental health sector with both adults and children, working in particular with acute and complex cases. Julie's broader areas of research interest are focused on improving Māori mental health and wellbeing, mental



health service delivery, support services for survivors of sexual violence and Māori mental health workforce development. Julie is currently the lead researcher for the TOAH-NNEST (Te Ohāki a Hine National Network Ending Sexual Violence Together) project 'Good Practice Guidelines for Sexual Violence Crisis Services'. Her doctoral research (2012) investigated Māori experiences of acute mental health services in Aotearoa.

Erana also has extensive experience in academic, research, and professional clinical practice. Erana's clinical work and research interests include whānau mental health and wellbeing; parenting; child maltreatment and whānau violence; service delivery for survivors of violence/trauma; clinical neuropsychology and neurorehabilitation with Māori; and cultural competence. Erana has also previously held a post in Kaupapa Māori Psychology at the University of Auckland, contributing to teaching, research, and supervision across the Clinical/Professional Programmes and General Programme. Her doctoral research (2012) investigated intervention in whānau violence. Erana has long-standing involvement with the Ngāti Hine Health Trust in Te Tai Tokerau (Northland) and is currently a consultant to the Trust. Julie and Erana have together published work on Māori child maltreatment; experiences of caregivers of children with non-accidental (and accidental) head injury; and strategies to reduce the use of seclusion and restraint with Māori in acute mental health settings. They have both been members of the National Standing Committee on Bicultural Issues for the New Zealand Psychological Society since 2006; they are the most-recent (Erana) and current (Julie) Bicultural Directors on the Executive of the Society alongside Dr Waikaremoana Waitoki.

Venues

Auckland: Parnells on the Rose Garden, 85 Gladstone Road, Parnell

Wellington: Mercure Wellington, 345 The Terrace

Christchurch: Chateau on the Park, 189 Deans Ave, Riccarton

Online registration available here: <http://www.psychology.org.nz/pd-events/nzps-events/#cid=884&wid=301>

REGISTRATION & TAX INVOICE

Name

City.....

E-Mail

Phone

Auckland - 11 October

Wellington - 13 October

Christchurch - 18 October

Booking Conditions: Places confirmed only upon receipt of registration and full payment. If your employer is paying for your registration please ensure your payment is referenced with your surname.

Cancellation: Up to 14 working days before event – refund less 20% administration fee. Less than 14 working days before event – no refund but named substitutes will be accepted if the Society is notified.

The NZPsS reserves the right to cancel the workshop, with not less than 10 days notice, should there be insufficient registrations.

I accept the booking conditions

Signed

Date

Once payment for your registration has been processed you will receive a confirmation letter. If you do not receive a letter within two weeks of registering please contact the Professional Development

Coordinator:

pd@psychology.org.nz

register online (see link above) or scan and email completed form to: pd@psychology.org.nz
or post to PO Box 25271, Featherston St, Wellington 6146

PAYMENT

All prices are GST Inclusive - GST Number 42-486-864

NZPsS Member	\$190.00
Non Member	\$220.00
NZPsS Student	\$50.00
Non NZPsS Student	\$80.00

Cost (incl. GST) covers:

- m/tea, lunch, a/tea
- workshop materials

I have special dietary requirements (please specify).....

Payment method: Please tick one box

Cheque payable to: NZ Psychological Society Inc

Direct Credit Payment to: New Zealand Psychological

Society BNZ, 02-0560-0262471-000

Payment reference

Credit Card Payments: MasterCard or Visa only.

Card Number:

Cardholder Name

Expiry Date:/.....