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NZPsS NEWS

NZPsS Submissions- A big thank you to our members for sharing their expertise

A big thank you to Marleen Verhoeven and Peter Coleman for sharing their knowledge and expertise and commenting on behalf of the NZPsS on the Supplementary paper for the New Zealand Autism Spectrum Disorder Guideline and to Mark Rose for commenting on the Royal Australian and New Zealand College of Psychiatrists Draft Clinical Practice Guideline for Schizophrenia and Related Disorders. Thank you to Peter Coleman who also provided comment on the National Ethics Advisory Committee discussion document on the cross-sectoral ethics arrangements for health and disability research. Thank you also to Rose Black who commented on the United Nations Convention on the Rights of the Child (UNCROC) Fifth Periodic Report by the Government of New Zealand and to John Fitzgerald for commenting on the Royal Australian and New Zealand College of Psychiatrists (RANZCP) updated Clinical Practice Guideline for Deliberate Self-harm.

Executive Planning Day

The Executive met in February for its annual planning day. This provided an opportunity to look at areas in which the Society is doing well and opportunities for development or change. The Executive particularly recognised the excellent work of members through Branches and Institutes and noted that this was contributing hugely to the vibrancy and health of the Society. The Executive also noted other positive changes including the increasing numbers of student members, webinars being added to the portfolio of professional development opportunities, the Professional Practice book being revised and the streamlining of many areas of National Office operations which has resulted in considerable savings. It was agreed that the Society needs to continue to focus on advocacy in a number of areas, including workforce development, internships, shortages of Māori and Pasifika psychologists and social justice issues including violence and poverty. It was agreed that we need to be aware of where psychology adds a solution or adds value and make this better known in political and public arenas and to strengthen our international alliances e.g. with the APS and APA. There was a discussion of ways in which the Society can better support academic psychologists and the benefits of identifying and using the wide ranging expertise of our members. There was also a discussion of ways to provide support for Branches, Institutes/Special Interest Groups and our members in private practice. Executive members also discussed their individual portfolios and objectives and areas of work for the year.

NZPsS Awards 2015- Celebrating success in psychology

A Reminder....
It’s time to celebrate the work and success of our members. The following NZPsS Awards are offered this year.

Dame Marie Clay Award
The Dame Marie Clay Award recognises valuable contributions to educational and developmental psychology of NZPsS Members through original research (researcher) the dissemination of research (teacher) or best practice (exemplary practitioner). This award is offered every two years. Closing date 6 June Click for more information

Workshop flyers
Professional Issues

Ethics Matters

Auckland Pride Festival usually occurs in February of each year and offers Kiwis from diverse sexualities, genders and sexes a variety of opportunities to come together and celebrate their identity however they understand it. In light of this, I thought it would be timely to write the March column on this topic, in the hope of starting a conversation on what cultural competence looks like when working with this client group. The Cultural Competency document of the NZ Psychologist Board mentions the words gay and lesbian once but other sexualities are not referred to, and in the Code of Ethics competence in working with diversity is protected in Principle 1 – encouraging a non-discriminatory and sensitive stance in respecting the dignity of all persons. A colleague also reminded me that the profession of psychology has historically worked with this client group from a pathologising viewpoint, and although this changed on paper with the revised edition of the DSM in 1973, recent research in NZ shows that this attitude might still be prevalent in mental health service delivery.

In 2012, Diana Rands and Anna Birkenhead completed a project funded by the ADHB (Let's talk about sex) in which they identified barriers Rainbow clients may face when engaging in services. This is a really good resource and very useful to read (link to the online pdf version of this report at the end of the column). Last year I also shared the results of a small pilot study on therapists' perspectives on working with lesbian couples at the Society's conference in Nelson and had a number of provocative and interesting conversations with colleagues. These discussions often focused on whether the profession of psychology has actually moved on from labelling diverse sexualities, genders and sexes as problematic and if we have, are we actively challenging ideas of heteronormativity (the assumption that heterosexuality is inherently superior to other sexual orientations)? After the conference I was left with the question – are psychologists automatically deemed competent to work with sex, gender and sexuality diversity just through completing their postgraduate training?

A very brief snapshot of NZ research between 2010 and 2014 suggests that a negative attitude towards homosexuality (homonegative) is still dominant and widely prevalent in the mental health field in New Zealand. In a 2013 study through the Shore and Whariki Centre (Massey University) lesbian, gay, bisexual and transgender participants discussed how their presenting problems were often attributed to their sexuality. Whilst the research doesn't necessarily paint a positive picture from a client perspective, the conversations I had at the conference were overwhelmingly positive with colleagues and students expressing a need for developing competence in this area. The definition of cultural competence as described by the NZ Psychologists Board includes three aspects - awareness, knowledge and skill. The participants in my study, peers and students offered these ideas:

Awareness could include reflecting on the development of your own sexual identity with a supervisor and discussing ideas, biases and triggers that you might have when working with this client group and how this might impact on your assessment and intervention practice.

Knowledge might include knowing about the history of the rainbow movement in NZ (similar to knowing about our own cultural history), the community resources available to clients as well as specific theoretical knowledge on, for example, the coming out process, queer theory and particular relationship challenges in trans or same-sex relationships.

Skill might include knowing how to ask questions and to have conversations that are not confirming of a dominant
heteronormative culture both in society and in the science of psychology. Sensitivity to pronoun preference in conversation with transgender clients is particularly important.

The recommendations made in the ADHB project report also included practical suggestions such as creating a welcoming environment for all clients (thinking perhaps about the prevailing heterosexual nature of photos and images that we might have in our workplaces), and confirmed the above suggestions by encouraging gender and sexual identity training for clinicians and culturally appropriate supervision when working with clients in this context.

I want to end this column with making a start on the knowledge aspect of cultural competence by including an abbreviated terminology list from the ADHB report, which is relevant to the NZ context. In a previous column in Connections (March 2014), John Fitzgerald said that our Code of Ethics was not just about not doing harm to clients – it was more about the question “are our clients benefiting from their contact with us?”

**Rainbow**: A generic term that incorporates all the people who do not identify as heterosexual or asexual, or do not fit standard gender identity norms; such as (but not limited to) gay, lesbian, bisexual, trans, intersex, takataapui, fa’afafine, queer, gender queer, fakaleiti (Tongan), Akava’ine (Cook Islands Māori), Fiafifine (Niuean), Vakasalewa (Fijian)

**Takataapui**: The traditional meaning is ‘intimated companion of the same sex’. Many Māori people have adopted this term as a cultural identity for being non-heterosexual or for having non-traditional gender identities.

**Fa’afafine**: A Samoan term that literally means “like a woman”. Fa’afafine is often used to refer to people born male who express feminine gender identities in a range of ways. It is sometimes used broadly across Pacific People.

**Gender queer**: Gender queer is a term some people use to describe themselves who do not conform to or agree with traditional gender norms and who express a gender identity that is neither completely male nor female. Some may identify as gender neutral or androgynous.

**Trans/Transgender**: The term transgender is used by different groups in different ways, often seen as an ‘umbrella’ term for a variety of people who feel that the sex they were assigned at birth is a false or incomplete description of themselves. The adjective “trans” is an increasingly preferred general term. Trans can include a number of sub-categories including transsexuals, cross-dressers, genderqueer and consciously androgynous people.

**Whakawahine**: Māori trans woman

I look forward to and welcome any contributions or conversations using my email address.

Elizabeth du Preez
elizdupreez@gmail.com

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**A reminder - representative on the NZPsS Executive**

It is now time to nominate your choice of representative on the Executive. If you haven’t already received the nomination form to do this go to the Student HQ page: [http://www.psychology.org.nz/study-careers/student-hq](http://www.psychology.org.nz/study-careers/student-hq)

Nominators and nominees need to be current student subscribers of the NZPsS. The closing date for nominations to be received at the NZPsS National Office is **5pm Friday, 27 March**. If there is more than one nomination-a postal ballot will be held.

**Check out the 20% discount on Professional Practice of Psychology in Aotearoa New Zealand for NZPsS students** - go to our online bookstore.

**Webinar- What is it like working as a counselling psychologist?**

Are you wanting to know more about counselling psychology as a career- watch this webinar- presented by Katarina Nilsen – go to the Students HQ page on our website.

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**Student Space**

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**Confidence News for NZPsS Students:**

All students who register for the full conference can attend a pre-conference workshop of their choice for free!!!

More information about the workshops below.

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Call for Submissions

Submissions are invited for presentations at the 2015 Conference
Closing date 1st of May 2015

International submissions can be reviewed earlier
Submission guidelines and formats are published on the website: www.psychology.org.nz/pd-events/annual-conference/call-for-submissions

For more information contact Heike-email: pd@psychology.org.nz

Keynote speakers

John Briere, USA*** – Keynote: New Developments in the Treatment of Complex Trauma, click here for his bio and the keynote abstract.


Julian Elliott, UK – Keynote: The dyslexia debate, click here for his bio and keynote abstract.

Willem Kuyken, UK – Keynote: Mindfulness-based cognitive therapy: A promising approach to depression across the lifespan? Click here for his bio and keynote abstract.

Gerald Monk, USA – Keynote: Consumer-led perspectives and actions in delivering psychological services. Where are we heading? Click here for his bio and keynote abstract.

Barry Smith, NZ - Keynote: Māori ethics frameworks and the research community: tensions and challenges. Click here for his bio.

*** John Briere will also offer a breakfast session for ICP members who are at conference.

Conference workshops

Dryden Badenoch, NZ: Show, don’t tell, using psychology to make better presentations. Click here for the workshop abstract.

John Briere, USA: Treating Complex Trauma in Older Adolescents and Young Adults. Click here for the workshop abstract.

Dawn Darlaston-Jones, AU: Morning (Practitioner) : Theory into practice: Incorporating critical reflexivity and decolonisation theory into the therapeutic alliance; Afternoon (Educator) : (Re)Constructing curriculum for decolonisation education in psychology. Click here for the workshop abstracts.

Julian Elliott, UK: The dyslexia debate: The science, the politics, & the rhetoric. Click here for the workshop abstract.

Willem Kuyken, UK: Compassion. Click here for the workshop abstract.

Gerald Monk, USA: Rapprochement between Mental Health Peer Support Practitioners and Clinicians: The Road Ahead. Click here for the workshop abstract.

Guest speakers

Dr Nadine Kaslow, current president of the American Psychological Association: http://en.wikipedia.org/wiki/Nadine_Kaslow

Symposia

There have been a number of suggestions for streams and symposia already.

The Institute of Community Psychology Aotearoa (IComPA) would like to invite you to make submissions to their symposium: Sustainable Communities

“This symposium will encompass a broad range of sustainability issues of relevance to psychologists, including both environmental and human concerns. Such concerns may include environmental and people-focused movement towards sustainable ways of living as ‘normalized’ practice. It may also include planning for and responding to disasters – including both “chronic” (where problems emerge slowly over time, e.g. climate change) and “acute”, (e.g. tsunami). We invite papers on topics such as human responses to disasters, management of disaster response and community change, community sustainability and resilience, vulnerability and inequality, the importance of indigenous knowledge and values and interactions of people with the natural environment.”
There are still places available for the workshops below

**The NZPsS and the Institute of Educational & Developmental Psychology are proud to host:**

**Righting the Ship: Psychology’s Passage Through Education**

*Presenters:* Prof Tom Billington, University of Sheffield, UK; Assoc Prof Lise Bird Claiborne, University of Waikato, NZ; Dr Tim Corcoran, The Victoria Institute, Victoria University, AU

20 March 2015 in Wellington

**Improving outcomes with ‘resistant’ clients and enhancing motivation to change**

*Presenter:* Dr Matthew Berry

17 April 2015, Auckland
20 April 2015, Wellington
23 April 2015, Christchurch

The Institute of Clinical Psychology is proud to host:

**Nutritional Therapies for Psychological Symptoms**

*Presenter:* Julia Rucklidge

8 June 2015, Christchurch
15 June 2015, Auckland

**The Developing Brain and the Neuroscience of Memory and Trauma**

*Presenter:* Pieter Rossouw

20 & 21 July 2015, Auckland
23 & 24 July 2015, Queenstown

Go to the website for more information about the training and to see updates: [http://www.psychology.org.nz/pd-events/nzpss-events](http://www.psychology.org.nz/pd-events/nzpss-events) or contact Heike at pd@psychology.org.nz

You can also register for all events online.

In the pipeline:

A workshop by Prof Chris Jansen (Canterbury University) on **Leadership**, possibly in June 2015.

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**WEBINARS**

With our rural-based members especially in mind we are in the process of setting up a webinar library. These webinars are offered to members free of charge.

We have five webinars on the members only page:

**Self Care and Self Reflection** (60mins) presented by Dr Kerry Gibson (NZPsS President). The webinar explores the importance of self-care and self-reflection for psychologists when working with and supporting others. This webinar will be of interest to those involved in professional practice and supervision as well as students who are preparing for their professional roles.

Dr Ingo Lambrecht presents a 50 minute webinar on **Mindfulness – Keeping the Therapeutic Space Alive**.

It is an introduction to Mindfulness and explains the history, the definition, the applications and much more.

The first webinar about the different areas of psychology is called **How do I become a Health Psychologist in Aotearoa/New Zealand** (10 mins) and presented by Iris Fontanilla, the chair of the Institute of Health Psychology.

We now have added: **Working as a Counselling Psychologist** (19 mins) presented by Katarina Nilsen, a member of the Institute of Counselling Psychology.

**Growing and sustaining a rural private practice**, presented by Margaretanne Rogers, NZPsS member based in Northland.

Watch this space as more webinars will follow.

Please let me know if you are interested in presenting a webinar (with or without live audience). All you need is a good internet connection and a webcam. We send you a headset to use and a link through which you access the webinar platform. There are no other technological requirements. Contact Heike at pd@psychology.org.nz

The NZPsS and ACC jointly hosted workshop series: **Understanding current diagnostic systems: Problems and prospects in the revisions presented by** Prof Greg Neimeyer was a huge success.

The Auckland workshop had over 100 attendees, Wellington and Christchurch over 50 each and Dunedin more than 30.

The feedback received so far is overwhelmingly positive. Greg Neimeyer was called by many “one of the best presenters I have experienced”. Attendees said he could make a dry topic lively and interesting.

We would like to thank Greg for coming to New Zealand and ACC for co-hosting these workshops.
The names of applicants for Full Membership of the NZPsS (and their nominees) approved for ballot, are listed below. Under Rule 11.4, a member who objects to the election of any applicant shall lodge the objection in writing with the Executive Director within 21 days of receipt of this notice. Such objection shall be supported in writing by a second member. If no objections are received within the time allowed, these applicants will be confirmed as members of the Society.

**Poutū - March 2015 Members’ Ballot**

**BARCLAY**, Simone M Auckland
MSc Psychology First Class Honours, Massey University, 2011.

D Bullen / B George

**KAUR**, Amrit Auckland
PhD, East Michigan University, USA, 2011

**KAUR**, Amrit Auckland
MSc Clin Psych, East Michigan University, USA, 2009

J Feather / M Kelly

**O’SULLIVAN**, Anna T Christchurch
MSc (Health Psychology), University of Auckland, 2014, PGDip Science (Health Psychology), University of Auckland, 2013.

F Abrahamson / R Straight

**PARSONS**, Christopher M Christchurch

N Rae / D Bean

**REYNOLDS**, Natalie Cambridge
MSc Sc (Hons) Psych, Waikato University, 2007

BSc Sci (Hons) Psych, Waikato University, 2006

W Tuck / D Farrell

**REED**, Coral J Hamilton

MApp Psych, University of Waikato, 2015.

D Cable / M O’Driscoll

**SELWYN**, Anne-Sophie Christchurch

M Counselling Psychology, Macquarie University, Australia, 2005. PG Dip Psych, Macquarie University, Australia, 2000.

K Rzoska / N Kendall

**SMITH**, Juanita Tauranga
PhD, Otago University, 2001, PG Dip Clin Psych, Otago University, 2001

N Wilson / T Chalmers

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**Institute Welcomes**

**Clinical**

Dr Fernanda de Lacerda Mottin, Wellington

**Educational & Development Psychology**

Haley Armstrong, Student, New Plymouth

Sarah Jones, Full Member Practitioner, Inglewood

Pamela Seccombe, Student, Dunedin

**Community**

Neil Burton, student, Auckland

**Student Welcomes**

Cherie Apers, Auckland

Feroza Arendse, Auckland

Tamara Bejakovich, Palmerston North

Lucy Bitting, Wellington

Wendy Brindley-Richards, Upper Hutt

Sophie Buchanan, Auckland

Alison Burfield, Levin

Jill Colenso-Mita, Tauranga

Sarah Colgan, Auckland

Susan Cummings, Hastings

Veerle de Vries, Wellington

Miek Deuninck, Wanaka

Mary Dewhirst, Wellington

Katie Elder, Palmerston North

Megan Fitzpatrick, Tauranga

Caroline Genet, Tauranga

Jasmine Gillespie-Gray, Wellington

Kayla Gray, Whanganui

Sharon Haan, Auckland

Noran Helmi, Wellington

Joel Hoo, Auckland

Victoria Howard, Auckland

Butul Iqbal, Auckland

Jane Irwin, Auckland

Nidda Lathong, Wellington

Leila Marie, Christchurch

Josephine Ojoreana, Auckland

Rebecca Pay, Hamilton

Penny Payne, Hamilton

Matthew Reid, Taupiri

Catherine Ross, Wellington

Amy Rosso, Auckland

Jessie Smith, Tauranga

Melanie Steedman, Tauranga

Thea Wass, Wellington

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**Members in the News**


Dr Monique Faleafa


Dr Heather Heron-Speirs

http://www.stuff.co.nz/entertainment/tv-radio/66759706/the-ubiquitous-mr-latta

Nigel Latta and Richie Poulton


Mei Williams
MOOCing- what’s that?
Some international universities (including some New Zealand universities) are now offering MOOCs or “Massive Open Online Courses”. One user- GP Ron Janes (see Ron Jane’s article-MOOC your way to happiness on the internet highway of knowledge. New Zealand Doctor, 4 March, 2015 p15) has recently completed a ten week course on the Science of Happiness which teaches the science of positive psychology joining 30,000 others from around the world. It appears that MOOCs are free unless you want an official Certificate of Completion. Find out more at https://www.mooc-list.com/

Royal Society of New Zealand- interesting information

Professional Development Database
We are establishing a database with members who are interested in presenting workshops/seminars/webinars hosted by the Society. Please contact Heike if you are interested.
pd@psychology.org.nz

Media database
We have established a database with Members we can contact to comment on psychology issues when the media makes contact with the Society and require subject experts. If you are not on our database, but would like to be added, we will send you the questionnaire to complete. Please contact Heike:
pd@psychology.org.nz

Want your clients to be more active or to be more active yourself?
The Mental Health Foundation has an inspiring area on its website titled: Be active, Mahi kakamā with lots of suggestions for activity and inspiring stories from people who have discovered the benefits of activity in staying well.
http://www.mentalhealth.org.nz/home/ways-to-wellbeing/be-active-mahi-kakama/
Source: Mental Health Foundation Newsletter 25 February, 2015

Ngā huarahi ki te marae: Māori connecting to their ancestral marae
Source: Mental Health Foundation Newsletter 25 February, 2015

ACC website-related to sexual abuse or assault
ACC now has a website to help clients access ACC-funded support following sexual abuse or assault and to find a service supplier in their area. The website can be accessed at https://findsupport.co.nz/

Benefits for New Zealand Psychological Society Members!
Footprint Books & New Zealand Psychological Society have teamed together to bring you, as members of the Society, exclusive offers on Footprint Books’ range of professional resources.

Footprint Books represent many world renowned book and journal publishers in psychology and related subjects such as the American Psychological Association, American Psychiatric Publishing, Guilford Press and SAGE Publications.

Subscribe to the Footprint Books eNewsletter to ensure you benefit from:
• Attractive pricing with members only discount;
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• Competitions for book vouchers;
• Free delivery on all orders.

To access your 20% member discount off the RRP on the website, simply enter the code NZPFB41 in the coupon code box and add your membership number in the ‘special instructions’ box at the checkout.
You will also need these details if you order by phone/email or fax.

Contact the friendly customer service team at sales@footprint.com.au or call +61 2 9997 3973 if you have any questions.
www.footprint.com.au
The Industrial Organisational Special Interest Group (IO SIG) is proud to host

2015 Check-in for Mindful Souls

Dates: Friday 17 April 2015– from 5 pm (Dinner at 6 pm!), until Sunday 19th April 2015 at 3.00 pm
Venue: St Francis Retreat Centre, 50 Hillsborough Rd, Mt Roskill, Auckland
Please click here for the flyer.

IO SIG Professional Development

Cultural Competence: The invisible majority culture - How white privilege harms us all
Host: The Industrial Organisational Psychology Special Interest Group (IO SIG)
Date: Saturday 6 June, 10am-4pm
Venue: TBA - Auckland
Cost: $250 + GST Early Bird (register before 1 May), registered psychologists, NZ Psyc Society members $350 + GST non-members, non-early bird
Register: Register with Tamara Sallis (tamara.sallis@southerncross.co.nz)
Click here for the flyer.

Waikato Branch, N.Z. Psychological Society – Psychologists’ Code of Ethics Workshop

12.45 – 4.15 p.m., Tuesday 28 April 2015
Anglican Cathedral Hall, 51 Victoria Street, HAMILTON
Programme:
12.45 pm - Ethical challenges for psychologists working in an Assertive Community Team (ACT) - Kim Bunyan
1.15 pm - Applying the N.Z. Psychologists’ Code of Ethics: Workshop on ethical issues scenarios submitted by participants, from academic, clinical, community, counselling, educational, industrial/organisational fields. - Tara Jeory, facilitator (NZPsS Waikato Branch Committee)
2.45 pm - Refreshment Break.
3.15pm - Continuing Workshop on Scenarios.
4:15 pm - Finish
Click here for the flyer.

Child Custody Evaluations and Domestic Violence

New Research and Implications for Practice
University of Waikato, School of Psychology, free seminar: Friday 20th March, 2015, 12-1, JG.17
Professor Daniel Saunders University of Michigan

When couples separate, the risk of intimate partner violence, abuse, harassment and homicide often continues or increases. Safety and human rights concerns in custody-visitaton proceedings are gaining increased attention because professionals often do not detect abuse, do not take it seriously, or apply non-legal factors in their determinations. This presentation will highlight new research findings on child custody evaluations in cases involving domestic violence, focusing on the beliefs and recommendations of the professionals involved in these determinations. Implications of the research for policy and practice will be described.
This seminar will be of particular interest to psychologists and lawyers working the Family Court.
For further information, contact Neville Robertson, scorpio@waikato.ac.nz or 021408558

Kia Kaha: Future Directions for Psychology in Aotearoa/New Zealand-

Saturday 21st March 1.30-3.30pm
Quality Hotel Parnell, 10-20 Gladstone Rd, Parnell
The Future Psychology Initiative has been established by a group of Auckland-based Psychologists with the aim of ensuring that psychology remains a robust, resilient, and relevant profession within the New Zealand health and social service sectors. To date it has held two workshops for psychologists, one in Auckland and one at the NZ Psychological Society 2014 Conference in Nelson. These workshops focused on identifying factors (both strengths and barriers) relevant to the present and future of psychology, and strategies to maintain and strengthen psychology into the future.
All psychologists (clinical psychologists or otherwise) are invited to a workshop to be held from 1.30-3.30pm on Saturday 21st March at the New Zealand College of Clinical Psychologists Conference.
This workshop will briefly summarise the outcomes of this work to date, including the strategies that have emerged from the previous workshops. It then aims to move the Initiative towards an action phase by helping to refine and prioritise the objectives and plans that have emerged, and consider how best to implement these. By special arrangement, attendance at this workshop is free and open to all psychologists, whether they are attending the NZCCP conference or not.
Please attend this workshop and contribute your wisdom towards developing the future of psychology in New Zealand.
REGISTER ONLINE HERE

Massey University will be sponsoring a 3-day Wraparound Workshop 15, 16, & 17 April

This 3-day training is the essential training for those working in wraparound or with high and complex needs people. It will provide you with the framework to do wraparound with an evidence based model. It is based on the 3-day training developed by the National Wraparound Initiative – http://www.nwi.pdx.edu/
When: 15, 16, 17 April 2015
9:30am – 5:00pm
Where: Massey University/Wellington - Rm 5C19
Cost:        $325 before 16 March
$375 after 16 March
$250 student rate
For more information and/or the registration form contact: Ruth Gammon, R.Gammon@Massey.ac.nz
NEW ZEALAND EVENTS
* 19 March, 2015 University of Canterbury, Christchurch. Graphs for the Analysis of Change: Innovations in the visual analysis of data. For more information see the flyer
* 21-22 March, 2015 Auckland NZCCP 2015 Conference. For more detail and to register, download the brochure and registration form here.
* 25 - 29 March 2015, The Langham Hotel, Auckland 40th Annual Scientific Meeting of the NZ Pain Society Inc. 2015 “Pain Through the Ages”. For more info see www.nzps2015.org.nz
* 10-12 April, 2015, Ethics in Practice Conference Otago University, : http://www.otago.ac.nz/ethicsreviewproject/conference/
* 15, 16, 17 April, 2015 Wellington Introduction to Wraparound. For more information contact R.Gammon@massey.ac.nz
* 29-30 April, 2015 Auckland NZPB & PBA “Psychology in the Pacific” for more information contact PsychologyinthePacific@ahpra.gov.au
* 20th – 22nd April 2016 10th International Conference on Workplace Bullying and Harassment: In the Pursuit of Healthy and Sustainable Work for all. www.bullying2016.com
* 6-7 June 2015 The New Zealand Association of Positive Psychology is having its 3rd conference June 6th (conference) and 7th (workshops) 2015, in Auckland; see http://www.positivepsychology.org.nz/conference-2015.html
* 8-11 July 2015 AHDA 19th Annual Conference “Growing Healthy Children, Young People and Families” Wellington. For more information see http://confer.co.nz/ahda2015/
* 7-8 August, 2015 Christchurch Psychologists Working in Physical Health and Medical Settings: DHBs, PHOs, Private Practice. For more information click CHRISTCHURCH
* 24-28 November 2015 Victoria University, Wellington ANZ

OVERSEAS EVENTS
* 16-18 April, 2014, Kaatsheuvel Netherlands. “Creating Connections! II”. For more information see www.CreatingConnections.nl
* 6 - 9 May 2015 Atlanta, USA ‘Work, Stress & Health 2015’. For more information see http://www.apa.org/wsh
* 25-30 May 2015 California, US World Annual Educational Conference on Effect of Child Labour, Trafficking of Women and Children, Sexual Violence against Children. For more information see orghumanrightbenefit@aim.com
* 27-30 May, 2015 New Orleans, USA AFCC 52nd Annual Conference Children in the Court System: Different Doors, Different Response, Different Outcomes. For more information see http://www.afccnet.org/
* 1-2 June, 2015 Piran, Slovenia 6th Triple i Conference. For more information see http://www.triple-i.org/triple-i-2015
* 2-4 July, 2015 Melbourne Australia 11th Industrial and Organisational Psychology Conference. For more information click on the link 11th Industrial and Organisational Psychology Conference
* 6-7 July 2015 Barcelona, Spain “22nd International Symposium on Controversies in Psychiatry” For more information see www.ControversiasBarcelona.org
* 6-9 July, 2015 Tel Aviv, Israel 6th International Conference on Disabilities. For more information contact Bis.secretariat@paragong.com
* 22-25 July 2015 Zurich, Switzerland 13th Conference on Psychological Assessment. For more information see http://ecpa13.com

* 30 Aug - 2 Sep, 2015 Sarawak, Malaysia “9th World Psychotherapy Conference Asia 2015”. For more information see http://counselingmalaysia.com/
* 14 - 17 September, 2015 Wroclaw, Poland. Education Culture & Society 2015. For more information see http://jecs.pl/conferences/ecs-2015/
* 17-19 September 2015 Prague “World Psychological Forum 2015 – Crossroads of Interdisciplinarity”. For more information see www.wpforum.eu
* 16-19 October, 2015 Cairo, Egypt World Congress of the World Federation for Mental Health www.wfmh2015.com
* 28-30th September, 2015 IARM 4th World Congress of Clinical Safety . For more information see
* 22-24 October 2015 Copenhagen, Denmark 9th European Congress on Violence in Clincial Psychiatry. For more information see http://dmpublisher.nl/oud/archive.php?x=51
* 14-17 January, 2016 Cannes France Worl Congress on Concurrent Pregnancy Loss. For more information see www.wcpl.com

Quick Links
- www.psychology.org.nz
- NZPsS Professional Development http://www.psychology.org.nz/pd-events
Advanced Clinical Workshop April 11/12

THE SOMATIC FOUNDATIONS OF TRAUMA TREATMENT

This workshop presents ways of working with the body that can make trauma treatment more effective. They can be introduced into whatever mode of therapy is currently being practiced.

Dr Maley will cover such subjects as the stages of trauma work and the impact of trauma on the body and its defenses. He will provide somatically based guidelines to facilitate the safe processing of trauma states and memories. He will teach some simple somatic tools, relational interventions and other processes to help increase clients’ resilience and stabilisation. These skills will be practised in small groups with the help of senior bioenergetic practitioners.

The workshop is available to practising trauma clinicians, psychologists, experienced counsellors, and psychotherapists. The 50 available places will be allocated on a first-come first-served basis.

Dr Michael Maley PhD is a Licenced Psychologist from Minnesota, USA. He has been an International Trainer for the International Institute for Bioenergetic Analysis (IIBA) since 1975 and has trained therapists in North America, New Zealand, Spain, Denmark, Germany and Holland. He has been an Approved Consultant for the EMDR International Association since 1999. He has lectured on the body and trauma treatment for over 30 years and has a deep understanding of the nature of trauma.

Dates: Sat & Sun 11/12 April 2015
Times: 9.30am to 5pm each day
Venue: Meetings on the Terrace, 152 The Terrace, Wellington.
Fees: Fees (see below) include lunch and have been kept to a minimum because of a grant from the International Institute for Bioenergetic Analysis.

Application Form: The Somatic Foundations of Trauma Treatment

Name: 
Address: 
Phone: 
E-mail: 
Payment: (tick one box)

☐ Cheque enclosed for $340. Please make cheques payable to “NZSBA”.
☐ Internet banking: NZSBA 02-0520-0086194-00. Please detail your name and Code as "Trauma"

Postal application: Trauma Workshop, NZSBA. PO Box 25-128, Featherston St, Wellington 6146.
E-mail application: pye.bowden@paradise.net.nz. Please include the above registration information

Further details about the workshop will be sent to you when you register.
A vacancy has arisen for a New Zealand registered female psychologist to work 16 hours a week with the Refugees as Survivors New Zealand (RASNZ) Mobile Community Team. RASNZ is the lead mental health agency that supports UN quota refugees entering New Zealand. Based at Mt Roskill, the team holds clinics across the greater Auckland region. The multi-ethnic client base comprises ex-UNHCR quota refugees and asylum seekers living in the community. Clients are supported by a multi-disciplinairy team comprising psychologists, a psychiatrist, community health workers and body therapists.

Applicants should have a background in working with culturally and linguistically diverse clients and interpreters. Experience in the assessment and treatment of clients who have experienced trauma would be an advantage.

For further information regarding the position or to apply please email admin@rasnz.co.nz

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**Special Assessment Conditions (SAC)**

relate to the assistance that entitled students may use for NCEA assessments (for internal standards as well as external exams), such as reader, writer/computer and extra time.

Psychologists who assess secondary students and recommend SACs for qualifications have usually assisted the schools by summarising their findings on a specific form, the “Mandatory Data Summary Sheet for Registered Assessors”. This is now obsolete.

The replacement form “SAC Data Summary Sheet for Assessors and Schools” (attached) is an update that exactly matches the fields for the online applications that schools make on behalf of the student.

NZQA asks that psychologists use it from now on: they complete only the sections relevant to their testing when recommending SAC assistance, save the form as a PDF and forward it to the school. Schools will be still receiving the old Mandatory forms, and that is fine in the interim. NZQA does not expect any assessor to redo the form.

NZQA is also updating the Special Assessment Conditions web pages. The new “SAC Data Summary Sheet for Assessors and Schools” form can be found through the SAC Forms link on the Special Assessment landing page, www.nzqa.govt.nz/sac . There is also a new section for parents and caregivers to read about the help available for their child.

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**Psychologist Positions Available**

**Clinical/Health/Registered**

Triskele Assessment & Therapy Services is a multidisciplinary assessment and therapy service provider looking to offer more contracting positions in the

- Greater Waikato,
- Thames-Coromandel,
- King Country and
- Bay of Plenty regions.

Work Hours that suit your lifestyle
Mainly ACC focussed work: Psychological Services, Pain Management, Sensitive Claims
Reasonable contract conditions
Minimum 2 year Post Graduate experience needed

For more information please contact:
Laurette Longmann
laurette@triskele.co.nz
07 8383696
Dr Nancy McWilliams

Introducing the second edition of the
Psychodynamic Diagnostic Manual (PDM)

Attending this seminar will give you access to the use of a diagnostic tool that will not only assist in your thinking about your clients but will also help in communicating with other health professionals and institutions such as ACC, DHBs, courts and insurance companies.

Dates: Friday 24th and Saturday 25th July 2015
Times: 9.30am – 5pm
Venue: Te Papa Tongarewa (Museum of New Zealand), Cable Street, WELLINGTON
Pricing: See below


As Associate Editor of the Psychodynamic Diagnostic Manual (2006), Nancy is well-placed to introduce and familiarise us with using the second edition of the PDM.

The PDM can be seen as a psychodynamic diagnostic alternative, or even accompaniment, to the DSM diagnostic convention. This seminar will encourage a better understanding of the relationship between psychodiagnosis and treatment, and the application of psychoanalytic understanding to diverse clinical situations such as narcissistic conditions, personality problems, trauma and dissociative disorders and other clinical challenges.

Nancy will use video case material of herself as therapist to illustrate working with presentations of both self-defeating patterns and schizoid psychologies – the latter may feature comparative psychotherapeutic approaches.

Nancy McWilliams’ books have been translated into seventeen languages. Nancy lectures frequently both nationally and internationally and as well has a private practice in Flemington, New Jersey. For more information please visit Nancy’s website at: http://nancymcwilliams.com.

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Enrolment: follow this link to the enrolment form: http://form.jotform.co/form/42629248246864?
Enquires please email: barbara.bassett@mailboxnz.com
Rationale:
Psychology's contribution to practices in schooling and education have been roundly criticised in Aotearoa New Zealand and internationally. Certain themes resonate in these arguments that include concerns over:

- The 'dangerous rise in therapeutic education';
- The pathologisation of children and young people;
- The Scientist-Practitioner model of practice;
- A reliance on psychometrics and positivist approaches to research;
- Education policy driven by a wellbeing agenda.

The aim of this workshop is to examine ways in which psychology informs educational practice, in places where it is most obvious (e.g. psychometric testing), as well as shedding light on areas where psychology has become second nature to teaching and learning (e.g. education policy).

Targeted audience:
The workshop will benefit a range of school-based practitioners (e.g. classroom teachers, school counselors and guidance officers, student support personnel) and education researchers interested in examining and responding to psychology's influence in policy and practice.

Learning outcomes:
Through engagement in this workshop participants will:

- Develop critical awareness of historical and contemporary themes in psychological research as applied in educational practice
- Explore connections between the various supports psychology provides to schools
- Be able to acknowledge and examine the presence of psychology on educational policy and practice
- Be encouraged to articulate preferred ways of applying psychology in their own work

This workshop brings together three internationally recognised educational psychologists, each with many years experience as practitioners and researchers.

Program:

9.30am   Welcome + Introduction  9.45am   Prof Tom Billington
10.45am  Break/Morning tea  11.15am  Assoc Prof Lise Bird Claiborne
12.15pm  Lunch  1.15pm  Dr Tim Corcoran

The NZPsS and the Institute of Educational & Developmental Psychology are proud to host:

Righting the Ship: Psychology's Passage Through Education

Prof Tom Billington, University of Sheffield, UK
Assoc Prof Lise Bird Claiborne, University of Waikato, NZ
Dr Tim Corcoran, The Victoria Institute, Victoria University, AU

20 March 2015 in Wellington, Karori Campus, Donald Street, Building: Theatre Block
Prof. Tom Billington’s research focuses on the professional practices of Educational and Child Psychologists, in particular, the nature of work conducted with children and young people and the bases upon which practice is justified. He has published extensively in this area and has for many years sought to inform the development of practitioner assessments and interventions which are both ethical and effective through expanding the base of research evidence beyond the view of psychopathology. Professor Billington holds the inaugural Chair in Educational Psychology at the University of Sheffield, UK.

Assoc. Prof. Lise Bird Claiborne convenes the Difference, Disability & Inclusion research group in the Faculty of Education at the University of Waikato. She has long been a teacher and researcher in educational psychology, and has worked extensively with educational professionals, particularly regarding questions around difference, social justice and possibilities of collaborative transformation. She is co-author (with Wendy Drewery) of the widely used Human Development: Family, Place, Culture texts.

Dr Tim Corcoran is a Senior Research Fellow at The Victoria Institute, Victoria University, Melbourne. Tim has extensive experience in Educational Psychology across both applied and academic fields. His career began in regional Queensland where, for almost a decade, he worked as a school psychologist with some of the most vulnerable students and young people in the state. His current research examines the use of psychological theory in practices including school-based mental health promotion and the production of educational identities.

ONLINE REGISTRATION AVAILABLE HERE:
http://www.psychology.org.nz/pd-events/nzpss-events/#id=29&cid=884&wid=301&type=Cal
NZPsS Professional Development Programme presents
ONE-DAY WORKSHOP:

Improving outcomes with ‘resistant’ clients and enhancing motivation to change

Dr Matthew Berry

9.00am to 5.00pm

Auckland
Date: 17 April 2015
Venue: Waipuna Hotel
58 Waipuna Road, Mt Wellington

Wellington
Date: 20 April 2015
Venue: Abel Tasman Hotel
169 Willis Street, Te Aro

Christchurch
Date: 23 April 2015
Venue: Chateau on the Park
189 Deans Avenue, Riccarton

Matthew Berry is a clinical psychologist specialising in addiction, substance use and related compulsive appetitive behaviours including sexual behaviour, overeating, and compulsive use of electronic media / internet.

His career to date has included voluntary, forensic, adult, youth, community and residential settings. He is currently in private practice in Melbourne, and provides consultancy, supervision and training across Australia and New Zealand.

For the past 13 years he has taught post-graduate addiction counselling and has developed and delivered workshops on Understanding Substance use and Addiction; Motivational Interviewing; Working with Resistance; Brief Therapy; Solution-Focussed Counselling; and Managing Challenging Behaviours. He provides supervision skills and management training to supervisors and staff in leadership roles.

Matthew is also finishing off his first textbook about the management and treatment of addiction and associated disorders.

Workshop Presenter

Matthew Berry (DPsych MAPS)

Workshop programme

Whilst many clients present for treatment ready and willing to change, there are some situations where this is not the case. These clients are all-too-commonly labelled as being ‘resistant to change’ or ‘in denial’ about their problem. However, research suggests that this is not necessarily a barrier to positive treatment outcomes, provided that the clinician has appropriate understanding of ‘resistance’, and effective responses in their toolkit.

This interactive workshop draws from the presenter’s experience working with drug and alcohol populations, and describes principles and interventions that may also be helpful for clinicians working with similar ego-syntonic disorders such as OCD, mania, eating disorders, and some self-harming behaviours.

Six common causes for this type of presentation are described, along with a range of strategies that may assist in resolving each type for the client’s best outcomes. These include skills from Miller and Rollnicks’ latest (2012) version of Motivational Interviewing, as well as strategies drawn from other therapeutic approaches. The seminar will also describe a three-dimensional model that helps clinicians to formulate the process of change with ego-syntonic behaviours, and set goals accordingly.

Please note that this workshop does not focus upon treatment for these disorders, rather its objective is to help clinicians overcome some of the barriers to the client engaging in treatment. This workshop will complement the concepts and skills discussed in Matthew Berry’s “Unravelling the mystery of addiction” workshops held nationally through the NZPsS in 2014.
Learning Outcomes
1. Understand why natural change often fails
2. Differentiate therapist and client factors involved when change stalls.
3. Recognise different types of ambivalence and why these can result in ‘denial’.
4. Identify common clinician responses that can enhance resistance.
5. Identify and understand six common causes for lack of motivation to change in clients.
6. Apply 12 microskills that can help negotiate these challenges.
7. Use a ‘3-Key Tasks’ model of change to formulate ego-syntonic behaviours.

Prior Learning: No prior learning required.
Despite the advent of medications and other therapies over the last 50 years, the rates of mental illness have been on the rise rather than a decline. Over the last decade, scientists have been uncovering an uncomfortable truth: What we eat is affecting our mental health.

In this workshop, Prof Rucklidge will discuss the data that describe an alarming picture of food choices serving as risk factors to all kinds of psychiatric problems; she will then introduce the recent paradigm shift of using broad based micronutrients, probiotics and other nutrients like omega 3s to treat these challenges, reviewing the hypothesized mechanisms of action and the evidence to date. The talk will challenge our current treatment regime for mental disorders and suggest one alternative course of action. She will discuss practical ways that psychologists could implement this research into every day practice.

About the presenter

Prof Julia Rucklidge, B.Sc. (McGill University); M.Sc; Ph.D. (University of Calgary), University of Canterbury

Julia J Rucklidge, PhD is a Professor of Clinical Psychology in the Department of Psychology at the University of Canterbury. Originally from Toronto, she did her training in neurobiology (McGill) and Clinical Psychology (University of Calgary). Her interests in nutrition and mental illness grew out of her own research showing poor outcomes for children with significant psychiatric illness despite receiving conventional treatments for their conditions. For just under a decade, she has been investigating the role of micronutrients in the expression of mental illness, specifically ADHD, Bipolar Disorder, anxiety and more recently, stress and PTSD associated with the Canterbury earthquakes. Her current research interests can be found at: http://www.psyc.canterbury.ac.nz/people/rucklidge.shtml
**REGISTRATION**

Name ............................................................................................................
City ..............................................................................................................
E-Mail .......................................................................................................... 
Phone .......................................................................................................... 

☐ Christchurch, 8 June
☐ Auckland, 15 June

☐ I have special dietary requirements: ......................................................

Booking Conditions: Places confirmed only upon receipt of registration and full payment.

Cancellation: Up to 5 working days before event – refund less 20% administration fee. Less than 5 working days before event – no refund but substitutes will be accepted if the Society is notified.

I accept the booking conditions

Once payment for your registration has been processed you will receive a confirmation letter. If you do not receive a letter within two weeks of registering please contact the Professional Development Coordinator:

pd@psychology.org.nz

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All prices are GST Inclusive - GST Number 42-486-864

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includes m/and a/tea and lunch

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EMAIL completed form to: pd@psychology.org.nz or post to: NZPsS, PO Box 25271, Featherston St Wellington 6146 or fax to: 04 4734889

ONLINE REGISTRATION AVAILABLE HERE:
Christchurch: http://www.psychology.org.nz/pd-events/nzpss-events/#id=27&cid=884&wid=301&type=Cal
Auckland: http://www.psychology.org.nz/pd-events/nzpss-events/#id=28&cid=884&wid=301&type=Cal
The NZPsS Institute of Clinical Psychology are very excited to provide advanced news of our workshops for July 2015 in Auckland and Queenstown where Dr Pieter Rossouw will be presenting a 2 day workshop on ‘The Developing Brain and the Neuroscience of Memory and Trauma’.

Pieter provides generic training in the field of applied neuroscience for clinicians from many different professional backgrounds – general psychologists, school counsellors, social workers, mental health nurses, general practitioners etc.

This particular workshop is specifically designed for clinical psychologists with significant emphasis on advanced strategies. He will briefly recap the key neural principles but focuses much more in this workshop on advanced treatment strategies and skills from clinical perspective to maximise treatment outcomes for practitioners. The workshop is an interactive activity with case presentations and interactive discussions to enhance skills based learning.

The psychological and neurobiological effects of trauma have significant implications for well being. Theoretical and treatment modalities for trauma have been the focus of study for many researchers. Recent discoveries in neurobiology have changed the landscape of theory and treatment of Psychological Trauma. These discoveries assisted with our understanding of neural processes, memory and neural communication. Clarity about these concepts assists clinicians towards more effective interventions with clients suffering from the aftermath of trauma. This workshop will focus on recent neurobiological research and current theories into neural development and key neural changes of the developing brain. The role of relevant neural structures (pons and brainstem; limbic structures – thalamus, amygdala, hypothalamus and hippocampus; frontal cortical structures and prefrontal cortical structures) are explored in terms of memory systems and the effect of trauma. The key building block of the brain (the neuron) and its action of communication (the synapse) are discussed in terms of memory and trauma. This is complimented with an overview of the role of key neurotransmitters (serotonin, norepinephrine, GABA, adrenalin, dopamine, cortisol and beta-endorphins) in the communication process, memory, and the implications in relation to trauma. These neurobiological findings have significant implications for therapeutic interventions. In light of a clearer understanding of current research, effective intervention strategies are explored to address the psychological and neurobiological effects of:

- Adult survivors of childhood trauma
- Impaired memory systems as result of trauma
- Nature related trauma
- Interpersonal trauma
- Vicarious trauma

in terms of the neurobiological effects and psychological implications of violation of attachment, control, self-esteem and meaning of life.
ABOUT THE PRESENTER: Dr Pieter J. Rossouw, MAPS; MCClin; QCA

Pieter Rossouw is the Director of the Mediros Unit for Neuropsychotherapy (provides training in Neurobiology and Neuropsychotherapy). He also teaches at the University of Queensland in the School of Psychology and the School of Social Work and Human Services and is the Director of the Master of Counselling Program. Currently he is involved in full time teaching and research in the fields of neurobiology and neuropsychotherapy as well as clinical training for clinicians, psychologists and general practitioners. Pieter has been in private practice for the past 25 years and holds Honours Degrees in Philosophy and Psychology, a Master Degree in Clinical Psychology and a PhD. Pieter was a Professor in Clinical Psychology at in South Africa (University of the Free State) and also taught at Universities in Canada, the USA and Holland. Pieter specialises in Neuropsychotherapy and is an expert in anxiety and mood disorders. He has published 6 Scientific Books and 60 scientific articles. He has been involved in research in extensive clinical trials and presented research papers at 40 International Conferences worldwide. Pieter's latest book – BrainWise Leadership was published in Oct 2013 and is co-authored with Connie Henson. He is a member of the Global Association for Interpersonal Neurobiology Studies, He is the Chief Editor of the International Journal for Neuropsychotherapy and member of the editorial boards of the Journal of Psychiatry; the Journal of Psychology and Clinical Psychiatry and of The Neuropsychotherapist.

TIMES: 9.00am -4.30pm first day with morning and afternoon tea breaks and lunch (10.30am m/tea, lunch 12.30, 3pm a/tea), no afternoon tea on second day and finish at 4pm.

ONLINE REGISTRATION AVAILABLE HERE: http://www.psychology.org.nz/pd-events/nzpss-events/#cid=884&wid=301

REGISTRATION

Name ........................................................................................................
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☐ Auckland , 20 & 21 July
☐ Queenstown, 23 & 24 July
☐ I have special dietary requirements: .................................................

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☐ I accept the booking conditions

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The New Zealand Psychological Society
Te Rāpū Mātairiri Hinengaro o Aotearoa

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includes m/and a/tea and lunch

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or fax to: 04 4734889