



The New Zealand Psychological Society

Te Rōpū Mātai Hinengaro o Aotearoa

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For immediate release

Attention: Health and Education Reporters

Prestigious Awards in Psychology

The New Zealand Psychological Society (the premier membership association for psychologists in New Zealand), offers awards for excellence in practice and research in psychology.

Three prestigious awards have been conferred on this year's recipients at the New Zealand Psychological Society Conference held in Christchurch 29-31 August.

Associate Professor Neville Blampied from the University of Canterbury has been awarded the C J Adcock Award. This award recognises the valuable and significant contribution he has made to psychology through his research and contributions to the philosophy of science and psychological theory. An example of the work of Associate Professor Blampied is a paper he co-authored with Dr Courtney Clyne "Training in Emotion Regulation as a Treatment for Binge Eating: A Preliminary Study", published in *Behaviour Change*.

Professor Rob Hughes from the University of Canterbury has been awarded the Hunter Award for excellence in research in psychology. Professor Hughes has had a long and distinguished career with a special interest in the fields of psychopharmacology, physiological psychology, neuroscience and experimental psychology. His research is recognised internationally, and is consistently and widely cited by others in his field. An example of the work of Professor Hughes is the paper "Sex does matter: Comments on the prevalence of

male-only investigations of drug effects on rodent behaviour", published in *Behavioural Pharmacology*.

Dr Ian Lambie, Senior Lecturer in Psychology at the University of Auckland, has been awarded the Ballin award. This award honours Dame Ann Ballin, clinical psychologist and first woman President of the New Zealand Psychological Society who made a lifelong contribution to advocacy on behalf of people with disabilities.

This is the first time this award has been offered and recognises psychologists who have made a notably significant contribution to the development and enhancement of clinical psychology in New Zealand.

Dr Lambie has acquired an impressive research record in the field of adolescent offending. He is also recognised as an excellent teacher and mentor in the University of Auckland, Clinical Psychology Training Programme. In addition to his academic achievements, Dr Lambie has attained a high profile for his work in the community and with youth, especially the rehabilitation of youth offenders. Ian has published both nationally and internationally in the field of adolescent offending and has been awarded an international award for his research in this area.

The President of the Society, Jack Austin said today

"The Society is delighted to be able to recognise the scholarly contribution which Associate Professor Neville Blampied, Professor Rob Hughes and Dr Ian Lambie have made to psychology. The practical work of psychologists in mental health, education, criminal justice and other areas is dependent upon a foundation of robust research and we proudly honour the work of these three awardees."

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Contacts

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New Zealand Psychological Society

Associate Professor Neville Blampied

Professor Rob Hughes

Dr Ian Lambie

Background to the New Zealand Psychological Society

The New Zealand Psychological Society is the largest professional association for psychologists in New Zealand. It has over 900 members and aims to improve individual and community wellbeing by representing, promoting and advancing the scientific discipline and practice of psychology.