



Take your relationship therapy skills to the next level

Whether you are a psychologist who works with couples or individuals, you probably spend a lot of clinical time talking about relationships.

RTI offers you a series of trainings that will grow your skills, knowledge and confidence in all aspects of therapy around relationship issues. Participants consistently rate our trainings 4.8 out of 5 for overall value and impact so you can be sure your time and money will be well spent.

“Working with Couples – the foundations of couple therapy” is a two-day workshop focused solely on the pragmatics of how to work with relationship issues with two people in the room. The workshop will help you apply your existing clinical skills in a couple therapy context. It does not teach a specific therapy model but looks at common issues that arise when you have both people in a relationship in front of you. Although aimed at clinicians with little couple therapy background, many seasoned couple therapists have attended and got a lot from this training. It is rooted in the experience of two psychologists who have specialised in relationship work for over 60 years (collectively).

“Level 1 in the Developmental Model” is the two-day introduction to the most broad-reaching model of relationship therapy we know. It offers a clinical framework that integrates attachment, differentiation, and neurobiological theory into a practical and approachable methodology that clarifies the complexity of relationships for therapist and client alike. Whether you work primarily with individuals or couples, this comprehensive perspective on how relationships operate has something for you. You also have the chance to join our growing community of developmental model therapists with access to free information, further training, consultation and support.

Further training options are available at www.relationshiptherapyinc.com

Trainers: Paula Dennan and Nic Beets are both Clinical Psychologists who each have over 25 years’ experience in working with relationship issues in various models. They are the only endorsed trainers in Australasia for the Developmental Model. (Note: “Working with Couples” is taught by Nic alone)

Details:

Working with Couples:

Sorrento, Auckland May 3 & 4. \$520 inc GST till 2nd April (\$570 after)

Level 1 Christchurch:

24 & 25 May. (venue TBA) \$540 inc GST till 25th April (\$590 after)

Level 1 Auckland:

15 & 16 June at Sorrento. \$520 inc GST till 17th May (\$570 after)

Book [HERE](#) **NB:** all trainings include Lunch, Morning & Afternoon Tea