



# Trauma Education

presented by **Dr Leah Giarratano**

Leah is an Australian doctoral-level clinical psychologist and author with clinical and teaching expertise in CBT and traumatology since 1995.

**Two highly regarded CPD activities for all mental health professionals: 14 hours for each activity**

Both workshops are endorsed by the AASW, ACA and ACMHN – level 2.

*Offered in capital cities, self-paced online and via 2-day livestream*

## Clinical skills for treating post-traumatic stress disorder

### Treating PTSD: Day 1 - 2

This two-day program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. In order to attend Treating Complex Trauma (Day 3-4), participants must have first completed this 'Treating PTSD' program.

**1/9/20 to 1/12/20 self-paced online**  
**1 - 2 October 2020 Australian Livestream**  
**13 - 14 October 2020, Perth CBD**  
**20 - 21 October 2020, Brisbane CBD**  
**27 - 28 October 2020, Auckland CBD**  
**1/11/20 to 1/2/21 self-paced online**  
**10 - 11 November 2020, Sydney CBD**  
**17 - 18 November 2020, Adelaide CBD**  
**24 - 25 November 2020, Melbourne CBD**

## Clinical skills for treating complex traumatising

### Treating Complex Trauma: Day 3 - 4

This two-day program focuses upon phase-based treatment for survivors of child abuse and neglect. This workshop completes Leah's four-day trauma-focused training. Applicable to both adult and adolescent populations, incorporating practical, current experiential techniques showing promising results with this population; drawn from Emotion focused therapy for trauma, Metacognitive therapy, Schema therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy.

**1/9/20 to 1/12/20 self-paced online**  
**8 - 9 October 2020 Australian Livestream**  
**15 - 16 October 2020, Perth CBD**  
**22 - 23 October 2020, Brisbane CBD**  
**29 - 30 October 2020, Auckland CBD**  
**1/11/20 to 1/2/21 self-paced online**  
**12 - 13 November 2020, Sydney CBD**  
**19 - 20 November 2020, Adelaide CBD**  
**26 - 27 November 2020, Melbourne CBD**

**\* Program fee for NZ residents. Please note that fee and payment is in Australian Dollars (AUD)**  
**\$680 AUD** each (Day 1-2 or Day 3-4 same fee for capital city, online or livestream)  
**\$1,270 AUD** Days 1-4 paid in one transaction. Same fee for capital city, online or livestream

*Register directly on our website for Auckland but please contact us to obtain these fees if you wish to register for self-paced online or attend in Australia. These fees only apply to NZ residents.*

***Please consider our self-paced online program or interactive two-day livestream if you are concerned about COVID-19.***

Note that attendee withdrawals and transfers attract a processing fee of \$77 AUD. No withdrawals are allowed in the ten days prior to the workshop start date; however, positions are transferable to anyone you nominate (or to an online offering).

Please visit [www.talominbooks.com](http://www.talominbooks.com) for further details about Leah's books and training

