

ANZ ACBS 2026 | Auckland, New Zealand

Pre-Conference Workshops: 21–22 November | Conference: 23–25 November 2026

Join us in Auckland this November for the ANZ ACBS 2026 Conference, bringing together psychologists, clinicians, researchers and practitioners from across Aotearoa, Australia and beyond.

This year's programme explores the evolving landscape of Acceptance and Commitment Therapy (ACT) and Contextual Behavioural Science, with thought-provoking plenaries, experiential workshops, research presentations and practical ideas you can take directly into your clinical work.

Hear from leading international and local voices, encounter fresh perspectives, and connect with a warm and engaged community of practitioners interested in doing psychologically flexible, evidence-informed work.

Whether ACT is central to your practice or you're curious about contextual approaches, there will be plenty to discover.

Find out more and register at anzacbs.com