

Postgraduate study opportunities to advance in mental health



Cognitive Behaviour Therapy
(CBT)



EMDR Therapy



Neuropsychology

Webinar Series | Postgraduate CBT, EMDR and Neuropsychology

We invite all mental health professionals interested in advancing your practice to join our upcoming **Webinar series** outlining postgraduate training opportunities through Otago. Register now for your area(s) of interest.

Webinar | Study Cognitive Behaviour Therapy in 2027

Date: Thursday 27 August 2026

Time: 12–12:45pm

Do you work in mental health anywhere in New Zealand and want to add Cognitive Behaviour Therapy (CBT) to your skillset? Join our webinar to hear about CBT study options through the University of Otago. Funding available from Te Pou, subject to eligibility.

[Register for the CBT webinar here](#)

Webinar | Study EMDR Therapy in 2027

Date: Tuesday 8 September 2026

Time: 12–12:45pm

Join our webinar to hear about distance taught EMDR study options through the University of Otago. Our comprehensive EMDR training is designed to meet the needs of New Zealand's mental health practitioners.

[Register for the EMDR webinar here](#)

Webinar | Study Neuropsychology in 2027

Date: Tuesday 13 October 2026

Time: 12–12:45pm

If you are a practising psychologist looking to develop the competencies required for specialist work in neuropsychology, join our webinar to learn about postgraduate study opportunities in Neuropsychology at the University of Otago.

[Register for the Neuropsychology webinar here](#)