

FOUNDATIONS OF PSYCHOPHARMACOLOGY (I) - ONLINE

As a pharmacist and university lecturer, I am routinely contacted by various healthcare professionals who are interested in knowing more about how CNS medicines work, or they seek some form of pharmacological understanding in order to know more about their patient's biological wellbeing (based on their patient's prescribed and/or over-the-counter medicines). This is a professional training workshop, looking at different drug groups in terms of their classification, mechanisms of action, therapeutic uses, side effects, interactions and contraindications.

The workshop is accredited for **3 CEU s** (HPCSA).

Presented by: Prof. Michael Knott

B. Pharm, MSc (Pharmacy) *dist*, PGDHE, PhD (Rhodes)

Agenda

Foundations of Psychopharmacology (I) - 3 CEUs

- 1) Anxiolytic / Hypnotic Drugs
- 2) CNS stimulants
- 3) Antidepressants

Online Workshop Details:

Date: 20th June 2026

Time: 19.00 - 22.00 (NZ time)

Includes: Extensive course notes.

Cost: NZ\$ 100-00

Email: mgknott@gmail.com

FOUNDATIONS OF PSYCHOPHARMACOLOGY (II) - ONLINE

As a pharmacist and university lecturer, I am routinely contacted by various healthcare professionals who are interested in knowing more about how CNS medicines work, or they seek some form of pharmacological understanding in order to know more about their patient's biological wellbeing (based on their patient's prescribed and/or over-the-counter medicines). This is a professional training workshop, looking at different drug groups in terms of their classification, mechanisms of action, therapeutic uses, side effects, interactions and contraindications.

The workshop is accredited for **3 CEU s** (HPCSA).

Presented by: Prof. Michael Knott

B. Pharm, MSc (Pharmacy) *dist*, PGDHE, PhD (Rhodes)

Agenda

Foundations of Psychopharmacology (II) – 3 CEUs

- 1) Antipsychotics
- 2) Opioids
- 3) Parkinson's and Alzheimer's disease
- 4) Epilepsy
- 5) Conclusion

Online Workshop Details:

Date: 27th June 2026

Time: 19:00 - 22.00 (NZ time)

Includes: Extensive course notes.

Cost: NZ\$ 100-00

Email: mgknott@gmail.com

FOUNDATIONS OF NATURAL PRODUCTS PSYCHOPHARMACOLOGY - ONLINE - 3 HPCSA CPD points

As a pharmacist and university lecturer, I am routinely contacted by various healthcare professionals who are interested in knowing more about natural products, or they seek some form of pharmacological understanding of natural products in order to know more about their patient's biological wellbeing (based on their patient's prescribed and/or over-the-counter medicines).

This intensive 3-hour professional training workshop, covers the clinical evidence and scientific data supporting the use of various natural product supplements. In addition, the classification, therapeutic uses, side effects, interactions and contraindications of various natural product supplements are also discussed.

Presented by: Prof. Michael Knott

B. Pharm, MSc (Pharmacy) *dist*, PGDHE, PhD (Rhodes)

Agenda

Foundations of Natural Products Psychopharmacology - 3 CEU's

- 1) Natural product anxiolytics / sedatives
- 2) Natural product stimulants / cognition enhancers
- 3) Natural product anti-depressants
- 4) Conclusion

Online Workshop Details:

Date: 4th July 2026

Time: 19:00 – 22:00 (NZ time)

Includes: Extensive course notes

Cost: NZ\$ 100-00

Email: mgknott@gmail.com