

The Practice of Group Supervision

Fran Vertue & Liz Waugh

Group supervision can be a powerful and enriching form of professional development. When facilitated well, it creates a collaborative environment for clinicians and can deepen reflective practice, share perspectives, and strengthen professional accountability. Given the increase in the number of psychologists being trained around the country this year and in following years, there is going to be an increased demand for supervision of trainees and graduate psychologists. Clearly, there is going to be increased pressure brought to bear on the existing capacity of clinical supervisors. As a result, there is good reason to explore the practice of group supervision alongside individual supervision.

Participants will explore how group supervision differs from individual supervision, including the opportunities it creates for collective learning, multiple perspectives, and professional support, as well as the complexities it introduces around group dynamics, confidentiality, safety, and role clarity.

This one-day training in group supervision is open to those who have completed the 'Transformative Clinical Supervision' workshop at some stage. This is to ensure that participants understand the multicultural framework we use and already have the **Supervisor's Toolkit** in hand.

Themes covered

- **Establishing clear expectations, roles, and boundaries in group supervision**
- **Structuring group supervision sessions to maximise reflective learning**
- **Managing group dynamics, participation, and power differences**
- **Creating psychologically safe supervision environments**
- **Navigating ethical considerations, including confidentiality and multiple relationships**
- **Working with challenging situations in groups, such as conflict, dominance, or silence**
- **Facilitating reflective discussion rather than advice-giving**
- **Practical tools and frameworks for running effective supervision groups**

The workshop will combine teaching with discussion, demonstrations, practical examples, and opportunities for participants to reflect on their own supervisory practice.

By the end of the workshop, participants will have a clearer understanding of how to structure and facilitate group supervision in ways that support professional growth, maintain ethical practice, and foster meaningful peer learning.

This workshop is suitable for psychologists who are interested in strengthening their supervision skills and developing confidence in facilitating group supervision.

2 SEPTEMBER 2026
8.30AM - 5.00PM

THE GEORGE HOTEL
CHRISTCHURCH

Presenters

Dr Fran Vertue is a clinical psychologist in private practice. Her experience includes the development and delivery of supervision training to mental health practitioners around New Zealand; developing a supervision practice model and the Supervision Competency within the Department of Corrections; and a broad individual and group supervision practice across a number of professions. Fran is an experienced presenter with a commitment to informative and engaging workshops.

Liz Waugh is a clinical psychologist and neuropsychologist in private practice. She has extensive experience as a clinical supervisor, including training professionals to be effective supervisors and supervisees within NGOs, the Department of Corrections, and as the Director of the Psychology Centre, University of Canterbury. She brings her experience of cross-disciplinary supervision with a range of other professionals.

\$450 including workbook and full catering

Please plan to arrive by 8:30AM, and arrange travel after 5PM as we have lots to do!

Numbers are strictly limited to optimise the workshop experience.

Register online at <https://forms.gle/tUEUhuY7iATH5uA6A> or email: liz.waugh@christchurchpsychology.co.nz