



Psychologist – Pain Management

Contractor Role • Flexible Hours • 2+ Days/Week • Interdisciplinary Team

Australis Specialist Pain Clinic is seeking an experienced Psychologist to join our established interdisciplinary pain service in central Christchurch. This is an opportunity for a practical, team-minded clinician to work alongside Specialist Pain Medicine Physicians, physiotherapists, nurses, and other allied health professionals in a service that values clinical excellence, innovation, and genuine patient impact.



Flexible Contracting

- From 2 days/week – shape your own schedule
- Maintain or grow a private caseload alongside Australis work with subsidised rooms
- Temporary, medium-term, or longer-term arrangements available
- Attractive contractor rates

Full Support Provided

- Skilled admin and care coordination staff
- Assistance with reports, letters, and workflow
- Well-equipped clinic rooms and digital systems
- Optional AI-enabled scribing and documentation tools

The Clinical Work

Our patients present with diverse and complex pain conditions referred from GPs, specialists, and ACC across Canterbury and beyond. You'll have a mix of individual and interdisciplinary work:

- Individual psychological assessments and therapy
- Shared care planning with medical and allied health colleagues

- Interdisciplinary case discussions and care coordination
- Optional involvement in tertiary support services

A Genuinely Collaborative Team

Our colocated interdisciplinary team has significant tertiary-level pain service experience. Shared care coordination is a central, everyday part of how we work. We are also co-located with dietitians, gastroenterology, neurology, and neurophysiology services, enabling rich cross-disciplinary consultation.

Australis is a partner with Sense Medical in the development of the Cortex care coordination platform, used across HealthNZ hospitals in Canterbury and the West Coast to support interdisciplinary care.

This Role Suits You If You...

- Thrive working in an interdisciplinary team environment
- Want to develop expertise alongside Specialist Pain Medicine Physicians
- Enjoy challenging, diverse clinical presentations
- Are curious about innovation, including AI tools in clinical care
- Value patient-centred, evidence-informed practice
- Are looking for either a stable base or a flexible/temporary placement

 A Great Christchurch Location – Our clinic sits next to Christchurch's new Parakiore Recreation and Sports Centre and close to Hagley Park, giving you easy access to pools, gyms, cafés, and green spaces – ideal for movement breaks or unwinding after clinic.



To Apply or Enquire Confidentially

Dr Chris Rumball – Director

Australis Specialist Pain Clinic, Christchurch

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We are open to conversations about timing, workload, and fit. Please reach out even if you're just exploring your options.