

DBT Psychologist

Permanent, part-time — 3 days per week
Takaka, Golden Bay, Tasman

Join us — help create “*Lives worth living*” by supporting hauora (wellbeing), recovery and connection for tāngata whai ora (people seeking wellness) and their whānau (families).
He tangata, he tangata, he tangata — it is people, it is people, it is people.

Kia ora — we’re recruiting.

Te Whare Mahana Trust (TWM) is a warm mental health NGO seeking a skilled and compassionate **DBT Psychologist, Therapist or Mental Health Professional** with experience in **DBT-PTSD or CBT and EMDR - prolonged exposure**. Join a committed team delivering high-quality, evidence-based care in a supportive, person-centred environment where clinical excellence and wellbeing go hand-in-hand.

About the role & programme

You will work as part of our DBT-PTSD Residential clinical team delivering individual and group DBT-PTSD interventions in a residential setting, contributing to treatment planning, risk assessment, skills classes, coaching and smooth transitions to community care. The role includes clinical liaison with GPs, Golden Bay Community Hospital, DHB referrers and other mental health professionals, participation in supervision and training, and maintaining high standards of documentation and reporting. This role is guided by our commitment to **Te Tiriti o Waitangi (the Treaty of Waitangi)** and includes culturally safe practice and liaison with iwi where appropriate.

Key responsibilities

- Provide individual DBT therapy in line with DBT-PTSD protocols and deliver/ co-facilitate DBT skills groups and coaching.
- Carry out clinical risk assessments, develop and monitor individualised treatment and discharge plans.
- Offer clinical backup and emergency response consultation to residential staff as required.
- Communicate and coordinate care with external clinicians, referrers and community agencies to support continuity of care.
- Involve family / whānau (where client permission is given) in care and planning to support recovery.
- Maintain accurate, timely records, reports and quality standards; participate in supervision, training and performance review.

Your skills, attributes & experience

- Registered Mental Health Professional with a **current New Zealand Annual Practising Certificate** (e.g. Psychologist, Psychotherapist, Counsellor, Mental Health Nurse or equivalent).
 - Significant clinical experience in DBT-PTSD or CBT, EMDR-prolonged exposure and trauma-focused treatment, preferably in both community and residential settings.
 - Strong communication and teamwork skills; ability to build professional networks in the community.
 - Committed to receiving supervision and continuing professional development.
 - Well organised with good IT literacy and professional administrative practice.
 - Flexible, solution-focused, culturally aware and motivated by strengths-based recovery work.
 - An understanding of, or willingness to learn about, the implementation of Te Tiriti o Waitangi (the Treaty of Waitangi) and a commitment to bicultural practice.
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We offer

- Permanent part-time (3 days per week).
 - Paid professional registration fees and an annual training and professional development budget.
 - Relocation support and assistance with local housing connections to help you settle in Golden Bay.
 - A supportive, collegial workplace culture that values manaakitanga (care and hospitality), whanaungatanga (connection and belonging) and person-centred clinical practice.
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Location

Golden Bay is a welcoming and supportive community with outstanding natural beauty and a relaxed lifestyle — ideal for clinicians wanting meaningful clinical work alongside a rich community life.

Remuneration

Salary will be aligned with qualifications and relevant professional experience.

How to apply

Download the full **Position Description** and supporting information from www.twm.org.nz/careers before applying. To apply, please send your **CV, cover letter** and the **TWM Application Form** to **HR@twm.org.nz**. Applications are **open until filled**.

For further information visit www.twm.org.nz or email **HR@twm.org.nz**.