New Zealand Psychological Society Rōpū Mātai Hinengaro o Aotearoa

## Join the NZPsS- Your Postgraduate Student Psychology Community it's free



We welcome:

Academic & Research- Clinical-Community-Counselling- Criminal Justice& Forensic- Developmental & Child- Educational- Health-Kaupapa Māori - Neuro-Organisational- Social- Sports-Psychologists

## **WELCOME**

Tēnā koutou katoa,

NZPsS is the largest professional representative body of psychologists in Aotearoa. Joining as a student subscriber means you get access to:

- discounted book resources, professional development, and workshop attendance,
- reduced rates at the Society's Annual Conference,
- eligibility to apply for student prizes and scholarships,
- the opportunity to publish your thesis abstract in the biennial publication *Psychology Aotearoa*,
- and the opportunity to submit a paper for the *New Zealand Journal* of *Psychology*.

Further, student subscription is free, and gives savings on the full membership fee for your first two years once qualified (25% in the first year, and 50% in the second year). In addition, some organisations such as the ACC require membership to a professional organisation like NZPsS in order to be eligible for contract work.

The Society's mission includes raising the public awareness of, and creating a positive public perception of, our psychology profession, and advocating through public comment on national issues from a well-researched and qualified position. Whether that's by issuing position statements on pertinent issues such as conversion therapy, child removals by the state, cannabis legalisation, and climate change, or through lobbying decision-makers when policy is at odds with best practice or the interests of the community, the Society is at the forefront of psychological action in Aotearoa New Zealand.

Regardless of your discipline, specialisation, or special interest in psychology, there is something for you! Getting involved with your local NZPsS Branch or relevant Institute provides great networking, social activity, and professional development opportunities and is the best way to keep up with news and developments in the field.



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## About the New Zealand Psychological Society

The New Zealand Psychological Society is the largest professional association for psychologists in Aotearoa New Zealand with nearly 2000 members and student subscribers. The Society promotes and supports the discipline of psychology as a science and the practice of psychology as a profession. This includes promoting ethical practice the dissemination of psychological knowledge and policies and practice which are responsive to Te Tiriti o Waitangi and Aotearoa New Zealand's cultural diversity. <u>Read more</u>

## Who belongs?

The Society has members from all areas of psychology. This diversity is enjoyed and valued by our members and student subscribers. This includes:

- Academic and research psychologists
- Clinical psychologists
- Community psychologists
- Counselling psychologists
- Criminal justice/forensic psychologists
- Developmental and child psychologists
- Educational psychologists
- Health psychologists
- Industrial and organisational psychologists
- Kaupapa Māori psychologists
- Neuropsychologists
- Social psychologists
- Sports psychologists
  - Supporting and Promoting Excellence in Psychology in Aotearoa New Zealand

# What are the benefits for students in joining the NZPsS? There's a lot of them.....



#### Your career

↔ You can make useful connections with psychologists from around the country

↔ Learn about the diverse career opportunities available to you - <u>Read more</u>

#### You can get free and low cost professional development

∽ The NZPsS provides you with lots of opportunities for professional development some free and others at much discounted prices, e.g.



• Free seminars on the transition from being a student to working as a registered psychologist

#### You can present papers and enjoy the annual Conference

✓ You can present papers at the <u>NZPsS annual conference</u> which is attended by up to 400 delegates, has excellent local and overseas keynote speakers and lots of opportunities to network and to just have fun.



Student breakfast at the conference

↔ You can be in to win prizes available for students for best student presentations and posters

- Student subscribers pay reduced fees for the NZPsS conference
- Join the free student breakfast at conference



#### You can publish

You can start your publishing career with the NZPsS in <u>Psychology Aotearoa</u>, a twice yearly publication which has a Student Forum with a student editor



So You can submit a paper in the <u>New Zealand Journal</u> of <u>Psychology</u>

#### You can get involved in Branch activities

✓ You can get involved locally-<u>local branches</u> run social and professional development events and welcome your involvement...a great opportunity to get to know people and enjoy branch events



#### You can join professional Institutes



You can belong to an <u>NZPsS professional</u> <u>institutes</u> in your area of psychology. We have institutes for clinical, counselling, health, community, organisational, criminal justice/ forensic psychology and educational psychology see page 9 for more information. They are FREE to join.

#### The NZPsS has a bicultural commitment



∽ The Society is very active in supporting and promoting its <u>bicultural commitment</u> in its policies and procedures and has a National Standing Committee on Bicultural Issues (NSCBI)

Māori students can apply for the annual Karahipi Tumuaki Presidents scholarship

#### **Advocating for students**

↔ We go out <u>batting on your behalf</u> – issues like the cutting of student allowances, the shortages of intern placements are very much on our radar



#### You can win a Scholarship



So This scholarship is intended to support students studying psychology to conduct research on a significant social justice issue e.g. poverty, social inequality, discrimination etc. as part of a recognized post-graduate degree in psychology at a New Zealand university.

#### 75% off full NZPsS membership

Student Subscribers who join as Full Members of the NZPsS within 24 months of completing the relevant qualification and have been a student subscriber for a continuous period of a minimum of 12 months prior to joining as a Full Member are eligible for a <u>75% discount</u> on their Full Member subscription for the first year.



#### Want to learn more? Go to STUDENT HQ

#### https://www.psychology.org.nz/study/students/postgraduates



## Member Networks

The NZPsS has a number of branches, professional institutes/ divisions and special interest groups which full members and student subscribers can join.



These networks provide opportunities for contact with other psychologists in the local region and around the country.

As well as providing collegial contact they can also provide opportunities for professional development.

#### Institutes

With the approval of the Executive any members of the Society may form groups as institutes, divisions, local branches or ad hoc groups of the Society - See NZPsS Rules. The formally established Institutes currently are:





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#### Institute of Clinical Psychology (ICP)

The ICP is the specialist clinical psychology body within the Psychological Society, which caters specifically for the needs of clinical psychologists.

https://www.psychology.org.nz/members/networking/ institutes/institute-clinical-psychology-icp

## Institute of Criminal Justice & Forensic Psychology (ICJFP)

The ICJFP aims to establish a professional identity in Aotearoa/New Zealand for the discipline of criminal justice and forensic psychology and to promote best practice standards amongst psychologists working in this field for the benefit of clients.

https://www.psychology.org.nz/members/networking/ institutes/institute-criminal-justice-and-forensicpsychology-icjfp

#### Institute of Counselling Psychology (ICounsPsy)

The ICounsPsy aims to support counselling psychologists by promoting recognition of their particular skill set. It also provides opportunities for professional development; collegial support and strives to be a conduit for influencing social policy.

https://www.psychology.org.nz/members/networking/ institutes/institute-counselling-psychology-icounspsy



## Institute of Educational & Developmental Psychology (IEDP)

The IEDP provides an opportunity to raise the profile of educational disciplines and to assist in ensuring that the professional and collegial needs of educational psychologists are met.

https://www.psychology.org.nz/members/networking/ institutes/institute-educational-and-developmentalpsychology-iedp

#### Institute of Community Psychology Aotearoa (IComPA)

The IComPA promotes the application of psychology and related knowledge to enhance social and cultural justice within Aotearoa.

https://www.psychology.org.nz/members/networking/ institutes/institute-community-psychology-aotearoaicompa

#### Institute of Health Psychology (IHP)

The Institute of Health Psychology was established in the interests of the public and the profession, to promote the highest standards of health psychology knowledge and practice within Aotearoa/New Zealand. https://www.psychology.org.nz/members/networking/institutes/institute-health-psychology-ihp



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#### Institute of Organisational Psychology (IOP)

The IOP aims to promote the application of principles of industrial and organisational psychology in the workplace, and to encourage research into I/O psychology issues of relevance to New Zealand. https://www.psychology.org.nz/members/networking/ institutes/institute-organisational-psychology-iop

#### **Special Interest Groups**

#### Coaching Psychology Special Interest Group (CPSIG)

The Coaching Psychology Special Interest Group was established as a special interest group within the New Zealand Psychological Society in 2009. CPSIG aims to further the awareness, discipline and profession of coaching psychology in Aotearoa/New Zealand and beyond.

https://www.psychology.org.nz/members/networking/interest-groups/coaching-psychology-special-interest-group-cpsig

#### **Branches**

Students are listed as belonging to the Branch geographically closest to their mailing address. Branches exist to provide members with the opportunity to meet with colleagues socially or for professional development activities. Branch activity varies from area to area according to the interests and commitment of the local members. <u>https://www.psychology.org.nz/members/networking/branches</u>

For further information about joining our professional institutes or learning more about branches visit the website www.psychology.org.nz or email the National Office: membership@psychology.org.nz



## Professional Development-Prizes

#### Workshops & Seminars

Student subscribers can attend workshops and seminars at much discounted rates, if not free. These workshops focus on topical and practical areas. They draw on both New Zealand and international experts.

For more information on <u>professional development</u> and the <u>events calendar</u> please visit our website or email the professional development coordinator : <u>pd@</u> <u>psychology.org.nz</u>

#### NZPsS Annual Conference

The <u>Annual Conference</u> is the largest gathering of psychologists each year in New Zealand. It offers a vibrant and interesting programme of papers, presentations and workshops. Many students take the opportunity to present their thesis research.

#### **Best Student Conference Paper Prize**

A \$300 prize is offered for the "best student paper" and a \$100 prize for "best student poster" presented at the Annual Conference to encourage student subscriber participation in conference presentations.

The conference also provides:

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- Presentations by internationally recognised local and overseas keynote speakers.
- Three days of cutting edge research papers, rapid communication posters and compelling symposia.
- Several, half and full day stimulating and interactive workshops.
- Opportunities to network with friends and colleagues.

For information on the conference please refer to the Society's website: <u>https://www.psychology.org.nz/events/annual-conference</u> or email the professional development coordinator : pd@psychology.org.nz

## **Publications**



Professional Practice

#### **Code of Ethics**

The Code of Ethics for Psychologists Working in Aotearoa/New Zealand, 2002 was developed by a review group comprising representatives of the NZPsS the NZ Psychologists Board and the NZ College of Clinical Psychology. It was formally adopted by all three organisations in 2002. Acceptance as a member of the Society carries with it an agreement to abide by the Code. The te reo Māori version of the Code of Ethics was launched at the Indigenous Conference 16 November 2012.

#### Professional Practice of Psychology in Aotearoa New Zealand, 3rd edition

Waikaremoana W. Waitoki, Jacqueline S. Feather, Neville R. Robertson & Julia J. Rucklidge

This book is a major revision of the previous edition of the professional practice handbook. It represents the continuing evolution of psychology in Aotearoa New Zealand which has been shaped by the interaction of international theory and practice, te ao Māori and the cultural realities of newer peoples.

#### Psychology and the Law in Aotearoa New Zealand, 4th edition



Edited by Fred Seymour, Suzanne Blackwell, Armon Tamatea This book provides readily available information on the interface between psychological practice and the law in areas including the welfare of children, working with offenders and mental health. It describes principles for practice and recommends procedures to be followed in general practice and in relation to specialists domains.



#### Ka Tū, Ka Oho: Visions of a Bicultural Partnership in Psychology

Edited by Raymond Nairn, Phillipa Pehi, Rosanne Black and Waikaremoana Waitoki

Inside Ka Tū, Ka Oho reside the voices of 20 years of bicultural keynote addreses given to the New Zealand Psychological Society at its annual conference. This is one of those rare books that accurately interprets and reflects the needs of Māori and Pākehā New Zealanders in our endeavours to work in partnership. This book is relevant for all those who wish to improve their

practice with diverse peoples including Māori, Samoan and Pākehā.



#### Te Manu Kai i Te Mātauranga: Indigenous Psychology in Aotearoa/New Zealand

Edited by Waikaremoana W. Waitoki & Michelle Levy. This ground-breaking book brings together the work of 18 Māori psychologists. Linked by a central story, each author offers insights into how they work with Māori when they start from positions of hope, cultural contexts, and culturally significant essentials. Including a diverse range of expertise, topics covered include Kaupapa Māori psychology, community psychology, mental health, drug and alcohol,

neuropsychology, family violence, educational psychology and child and adolescent psychology.



#### Kua Tū, Kua Oho- Bicultural Keynote Addresses to the New Zealand Psychological Society Rōpū Mātai Hinengaro o Aotearoa 2010–2017

Edited by Waikaremoana Waitoki, Jade le Grice, Raymond Nairn, Rosanne Black and Phillipa Pehi.

This book is the second edition of keynote addresses by leading psychologists, educators and researchers. Key messages are: Decolonising psychology, Mātauranga Māori, Indigenous knowledge, Racism and inequities, Kaupapa Māori, Manaakitanga and Aroha (compassion and hope)

This book offers a rich source of knowledge to advance curriculum design, practice standards, ethics, and importantly, to improve outcomes for society.



#### Living the Treaty: Personal Reflections

#### By Ted Glynn

Professor Glynn tells a story about how he came to understand the Treaty of Waitangi and along the way learned about himself and others. 'To understand the Treaty, you must live the Treaty' is a point highlighted throughout this book. Living the Treaty means that it is experienced in a human way – complete with anxieties, tensions, mistakes, fear, joy, loss, frustration and love. The author states: My challenge to all Tauiwi Treaty Partners: Take ownership of our history since the

Treaty; take account of the damage we have done to Maori; take responsibility for putting things right.



#### **Psychology Aotearoa**

*Psychology Aotearoa* is a periodical for members of the Society and is published twice a year. Its focus is on short articles of general interest to psychologists in New Zealand and includes items relating to the teaching, training, research and practice of psychology in New Zealand, applications of psychology to current social and political issues and surveys of aspects of the contemporary scene in New Zealand and overseas.



Journal of the New Zealand Psychological Society

<u>The New Zealand Journal of Psychology</u> is published online by the Society and is accessible through the member only section of the website. Three issues are published annually and are devoted entirely to New Zealand academic and research psychology. It is available online for members and subscribers.



#### **Connections (e-Newsletter)**

The newsletter <u>Connections</u> is produced monthly and emailed to all members and student subscribers. It contains the latest news, job advertisements, and notices of forthcoming workshops and meetings.

#### NZPsS UPDATE

Members and student subscribers receive a brief electronic newsletter with current news and events from time to time.

For the full list of all books available to purchase through the Society at a great discount for NZPsS students : <a href="https://www.psychology.org.nz/public/books">https://www.psychology.org.nz/public/books</a>

### **Members' On-line Resources**

The Society's website has a range of resources for psychologists. These include

- a calendar for professional development events for both NZPsS and external events;
- · the Society's position statements, media releases and submissions;
- vacancies for psychologists from around the country (and further);
- · PsychDirect: find a psychologist;
- · bicultural resources 'Nga Kete';
- · links to worldwide resources and access sites for journals;
- information for the public and much more.

Login on the page you want to visit. Enter your email address and password to proceed. You are then able to access the *Find a Supervisor* and *Find a Mentor* databases; **PROQUEST** psychology database, the current issue of the *New Zealand Journal of Psychology* and *Psychology Aotearoa*, webinars, practice resources, our other publications, a membership directory and general NZPsS information and more.

If you haven't received an email with a link to create your password, please contact:

membership@psychology.org.nz

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## **Registration as a Psychologist**



New Zealand PSYCHOLOGISTS BOARD Te Poari Kaimātai Hinengaro o Aotearoa The New Zealand Psychologists Board administers the registration of psychologists under the Health Practitioners Competence Assurance Act 2003 (HPCA Act).

This legislation provides for:

- the registration of, and practising certificates for, health practitioners; and
- standards of competence, fitness to practise and quality assurance measures for health practitioners;
- complaints and discipline procedures and the establishment of the Health Practitioners Disciplinary Tribunal;
- appeals processes, including rights of appeal for health practitioners; and
- the structures and administration of authorities.

Board members are appointed by Cabinet, on the recommendation of the Minister of Health, after nominations have been called for. The Board elects its own Chairperson and Deputy Chairperson.

All applications for registration should be made to: The Secretary, NZ Psychologists Board, PO Box 9644, Wellington, 6141. For more information please visit the Board's website at www.psychologistsboard.org.nz

#### Health Practitioners Competence Assurance Act 2003 (HPCAA)

The HPCAA replaces the Psychologists Act 1981. The purpose of the Act is to protect the health and safety of the public by providing for mechanisms to ensure that health practitioners are competent and fit to practise their profession. Further information about the HPCAA and its implementation is available through the Board's website.

## How to join the NZPsS

- 1. Go to the <u>Student HQ webpage</u> to join online here: <u>https://www.</u> psychology.org.nz/study/students/postgraduates/application-form
- 2. Organise either:
  - a copy of your enrolment form
  - a copy of your course invoice with course list
  - a note from a lecturer confirming the programme you are enrolled in (and upload the file if you apply online)
- 3. Click submit







Awhi kokiringa ā whakamatau hinengaro i Aotearoa 19

#### Our People on the Executive are:



President Tania Anstiss



President-Elect Dr Rebecca Wirihana

Director of Professional Development & Training ТВС



Director of Scientific Issues Erin Tahauri



Director of Professional Issues Iris Fontanilla



Director of Social Director of Issues Lisa Stewart

**Bicultural Issues** Megan Fitzpatrick

Director of Bicultural Issues Representative Dr Hukarere Valentine

Student TBC

Tauira Māori Representative Abigail Cashell Kaihautu Dr Moana Waitoki

## Our People in National Office are:



Executive Director Veronica Pitt



Finance Sisilia Joseph



Professional Development Heike Albrecht



Membership Helen Weststrate



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