# Te Whatu Ora Health New Zealand

## Clinical Psychologist/ Kaimātai Hinengaro Wellington CAMHS (Child Adolescent Mental Health Service)

Nau mai, haere mai ki Ūpoko ki te uru hauora.

Location: Wellington Service: Child and Adolescent Mental Health Service Contact: Andrea Broadhurst – Team Leader Contract: Permanent, Full Time/ Part time Salary: As per APEX MECA, dependant on experience

#### Kōrero mō te tūranga – About the Role

Are you enthusiastic about your profession? Seeking a new challenge? Do you love the balance pof easy access to beautiful views, eateries and a good working environment? Wellington CAHMS has an exciting opportunity for you as we develop our services to better meet the needs of young people (Infants to 18 year olds) and their whanau/family.

#### Mō tō mātou rōpū – About Our Team

We are a passionate and enthusiastic team with a commitment to providing excellent services in assessment and intervention services with infants, children and young people alongside their whanau/ family with moderate to severe mental health concerns. We have a diverse population and are passionate in co working alongside other teams in mental health & the Community. We are dedicated as a team to improving access for young people of all ages and working together with whanau; to achieve this we operate within a Choice and Partnership Approach (CAPA). We are keen to be innovative, have students and grow our service. We value a strong team culture of collaborative practice, openness, support, humour, warmth, valuing peoples experience and ideas, caring and connecting together, integrity and respect across all disciplines.

#### Moū – About You

We are seeking a registered experienced Psychologist. The preferred applicant will be innovative, have previous mental health experience, work comfortably with multiple clinical presentations, be willing to learn and be involved in developing a service that benefits the client, their family and the staff working with them. An interest and experience in neurodevelopmental assessments, group work, family therapy, trauma skills, DBT, EMDR, ACT, and Schema Therapy will be highly valued.

Ongoing training and extension of skills will be supported. You will be a team player, be selfmotivated and work well creating a collaborative space in a demanding service. Excellent clinical and case management skills alongside competence managing risk are essential. Skills and ability in working relationships within the team and wider services in the DHB and community are integral to this role.

#### DUTIES

We are seeking a registered experienced Psychologist who can bring a variety of skills, expertise and passion including:

- Assessment and treatment of infants, children, young people and their important whanau/family relationships
- Risk assessment and management
- Group work, specific interventions according to your discipline skills.
- Contribute to the growth and work within the multi-disciplinary team.
- Liaison and collaboration with community agencies.
- Complete all documentation within time requirements.

#### SKILLS AND EXPERIENCE

- You will be a registered psychologist, clinical psychology registration is preferred but not essential, and current annual practicing certificate.
- Experience in assessment and therapeutic skills and competency working with children, adolescents and their families with significant mental health difficulties.
- Confidence working with Maori, Pacifica and other cultural groups within the wider community.
- Demonstrated ability and proven ability of working within a multi-disciplinary team, and skilled and committed to community liaison.
- The ideal applicant will have experience in mental health, ideally the child and adolescent mental health sector.
- An interest or experience in group work, family therapy, and trauma would be valued.
- Current driver's license

#### E pā ana ki a tatou – About Our Organisation

Here at Capital, Coast & Hutt Valley District we embrace diversity and welcome applications from all people, including all gender identities, ages, ethnicities, sexual orientations, disability and religions. A workforce that is diverse and inclusive means that we are better positioned to understand and serve our community.

Capital, Coast & Hutt Valley District are pro-equity health organisation, with a particular focus on Māori, Pacific Peoples, and the Disability Community.

The Mental Health, Addiction and Intellectual Disability Service (MHAIDS) spans three Districts -Wairarapa, Hutt Valley and Capital and Coast and includes local, regional, and national services. The local MHAIDS services are provided from multiple sites within the districts – greater Wellington, Hutt Valley and Wairarapa.

To find out more about us click on the following links:

#### Capital and Coast

Hutt Valley

Mental Health, Addiction and Intellectual Disability Service

#### Me pēhea te tuku tono - How to apply

Click the **Apply Now** button to send your application directly to us. Please ensure your uploaded CV and cover letter is in either Word or PDF format.

For further information on this role please email <u>recruitment@ccdhb.org.nz</u> or <u>anastasia.carino@ccdhb.org.nz</u> and indicate the job title and vacancy number in the subject line.

If you have questions about working in the Wellington CAMHS Team please contact Andrea Broadhurst Acting Team Leader on <u>andrea.broadhurst@mhaids.health.nz</u>

Please note we will be reviewing applications when received and will progress through the recruitment process until the position is filled.

Ma tini, ma mano, ka rapa te whai By joining together we will succeed

### **APPLY NOW**