



## CLINICAL, COUNSELLING, HEALTH, C&A PSYCHOLOGIST

Nurture Psychology is an established & well regarded private practice of Clinical Psychologists & Counselling Psychologists (+ Dietitian) in Parnell Auckland, with satellite clinics in Wellington and Christchurch. We are passionate about offering compassionate, evidence-based treatment for clients with eating disorders (ED) and their common comorbidities (e.g. anxiety, depression, trauma) across the developmental spectrum. As a specialist ED service, we take an integrative approach to psychological treatment, tailoring current & emerging evidence-based treatment to the individual formulation of our adolescent/family and adult clients.

We are seeking an experienced NZ registered Clinical, Counselling, Health or C&A Psychologist to join our Auckland team. There is room to work across the full range of ED presentations, start with a specific client group (e.g. adult/adolescent, AN/BN), or potential to mix your caseload with both ED & general mental health work based on interest, experience, and referrals.

Prior experience in eating disorder work is desirable but not essential - our priority for our next team member is finding someone with a genuine interest in and passion for this work, and a strong commitment to upskilling as/if required. Internal supervision & training in best-practice eating disorder treatment is available as appropriate, with a focus on high support from our clinical director in the first 6-12 months. Opportunity to collaborate on active research within the field also exists.

We offer a strong referral base (triaged), expert clinical supervision, strong practice reputation, full admin support (diary & finance management; client liaison, bookings/cancellations, payments/invoicing etc), monthly in-house CPD, established electronic clinical & administrative systems, and a friendly & collaborative team environment. Our clinic is based in a high-end 6\* environmentally friendly building on Parnell road boasting abundant natural light and a genuine therapeutic feel, making it a pleasure to come to work. Within the contractor model, all OPEX, rent, business expenses, admin support, clinical supervision (if required), and daily expenses are covered, removing the time-consuming admin burden of private practice and freeing you to simply practice psychology.

You will hold registration with the NZPB under the Clinical or Counselling scope (or general scope for Health/C&A Psychologists), a current APC, & professional indemnity insurance. Flexible work options are available, from 2-4 days (3-4 days preferred), with hourly rate based on ED experience & supervision/support requirements. Enquiries are warmly welcomed via email - we would love to hear from you. [hello@nurturepsychology.co.nz](mailto:hello@nurturepsychology.co.nz)

See [www.nurturepsychology.co.nz](http://www.nurturepsychology.co.nz) for further practice details.