



**SEX THERAPY NEW ZEALAND**  
**Invites you to a 2 Day workshop with**

**Barry McCarthy PhD**

**‘INTEGRATING SEX THERAPY INTO COUPLES THERAPY’**

**Dates: Wednesday & Thursday 3/4 May 2023**

**Venue: Sorrento in the Park  
670 Manukau Rd  
Royal Oak, Green Lane  
Auckland**

**Cost: Lunch/tea/coffee included  
1 day: \$295 (+GST) = \$339.25  
2 days: \$550 (+GST) = \$632.50**

Barry McCarthy, Ph.D needs little introduction. His award-winning contribution to the field of human sexuality includes many publications, teaching presentations and wide clinical therapy experience – a life-time of internationally recognized dedication.

Sexual problems, especially low desire and desire discrepancies are a very common for individuals and couples. His clinically oriented model will explore sex therapy strategies and techniques, considering ways to integrate these into couple therapy, using a psycho-bio-social model to understand and treat these complex problems.

The first day will focus on “mainstream couple sexuality” and the second day on “alternative sexualities”. You can expect the following: exploring acceptance, female-male sexual equity, the Good Enough Sex (GES) model, confronting shameful secrets, creating a new couple sexual style, integrating intimacy and eroticism, examining whether a sexual relationship is fatally flawed. In addition, attendees will learn how to develop an individualized relapse-prevention plan, so that sexuality continues to have an integral role in their relationship, energizing their bond and reinforcing feelings of desire and desirability.

**Day 1** includes (but is not limited to)

- couple versus individual therapy
- new models of male and female sexuality
- a four-session assessment model
- processing learnings from skill exercises
- erection/ejaculatory efficacy
- relapse prevention strategies/techniques
- couple sexuality after 60
- sexual equity – confronting the double standard

**Day 2** includes (but is not limited to)

- affirming of sexual orientation
- managing extra-marital affairs (EMA)
- consensual non-monogamy (CNM)
- styles of arousal/eroticism
- sex addiction and deviant sexual behaviour
- sex therapy with men/women without a partner
- clients with trauma history
- erotic fantasies

## **THIS IS A WORKSHOP NOT TO BE MISSED**

**To Register please go to:**

<https://www.sextherapy.co.nz/home/navigating-emotional-and-sexual-intimacy-relationships>

**For further information contact:** [ally@sextherapy.co.nz](mailto:ally@sextherapy.co.nz)

### **TERMS & CONDITIONS**

**Registration confirmation:** on receipt of payment

**Cancellations 30 days prior to the event:** A \$75.00 cancellation fee applies. Participants must notify Sex Therapy New Zealand, (STNZ Ltd) in writing via email.

**Cancellations 14-29 days prior to the event:** A cancellation fee of 50% of workshop price. Participants must notify Sex Therapy New Zealand Ltd in writing via email.

**Cancellations less than 14 days prior to the event:** No refund. Full fees apply. Participants must notify Sex Therapy New Zealand Ltd in writing via email.

**Transfer of registration to another person:** Registrations can be transferred in full to another person on notification to Sex Therapy New Zealand Ltd. Where a participant can attend part of the training, transfer of the remainder of the registration is not possible. Participants must notify Sex Therapy New Zealand Ltd in writing via email.