

PsychDirect

An Internet-based Referral System for Practitioners

At the National Office we regularly receive a number of calls from the public and other health professionals who are seeking a registered psychologist in their area. We direct people to the *PsychDirect* referral service on the Society’s website which is a fast, easy way for anyone - the public, GPs, other psychologists, and agencies, to find a psychologist in private practice.

*PsychDirect* is linked directly from the NZPsS Home page via the menu item "Find a Psychologist". The listings on *PsychDirect* are available to NZ Registered, Full Members of the Society with a current Annual Practising

Certificate, offering private psychology services in New Zealand.

*PsychDirect* is searchable by psychology work area, geographic location, and client type and/or psychologist surname. “Additional languages spoken” is a further option which is very helpful when looking for help with specific cultural requirements.

***PsychDirect* is free to join**. If you wish to subscribe to this service please fill in the form provided in this handbook and return to the membership administrator.

The service is provided on the basis that the New Zealand Psychological Society is not liable for any loss or damage arising out of any reliance, in part or in full, upon the *PsychDirect* database contents for any purpose whatsoever.

For inquiries please contact the Membership Administrator.

‘PSYCHDIRECT’ Subscription Form

1. Personal Details

a) First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

b) Registration Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Scope of Practice: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

c) Qualifications: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

d) Professional Memberships: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

e) Hourly Fee (GST incl): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. Practice (where practice is PHYSICALLY LOCATED and contact details)

a) Geographic Location (please choose the general location/s from the list below & write in the space provided):

 Northland, Whangarei, Rodney, North Shore, West Auckland, Central Auckland, East Auckland, Counties Manukau, Waikato, Thames/Coromandel, Hamilton, Bay of Plenty, Tauranga, Whakatane, Rotorua, Taupo, King Country, Central Plateau, Te Awamutu, Taranaki, New Plymouth, Wanganui, Manawatu, Palmerston North, Wairarapa, East Coast/Tairawhiti, Gisborne, Hawkes Bay, Napier, Hastings, Kapiti Coast, Hutt Valley, Wellington, Nelson, Marlborough, West Coast, Canterbury, Christchurch, Timaru, Otago, Dunedin, Queenstown, Southland, Invercargill

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b) Street : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

c) Suburb: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

d) Town/City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

e) Telephone number: (\_\_\_\_) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

f) Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Languages

 Do you offer psychological services in any language other than English:

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4. Client Type

 Circle as many items as you wish:

 a) Infant (0-1 years) d) Adolescent g) Couple

 b) Pre-School (2-4 years) e) Adult h) Family

 c) Child (5-12 years) f) Older Adult i) Organisation

5. Client Issues (psychological work area)

 The issues below reflect the most commonly requested; they are not intended to be a comprehensive representation of all possible psychological services. Ethically, members should select only those items with which they are competent to deal. Please circle the number in front of the items.

Mental Health

1) Attention Deficit Hyperactivity Disorder (ADHD)

2) Anxiety & phobias

3) Asperger’s syndrome

4) Autism

5) Depression

6) Dissociative identity disorder

7) Eating disorders

8) Gender/Sexual identity disorders

9) Mental illness

10) Obsessive – Compulsive disorder (OCD)

11) Personality disorders

12) Post-natal depression

General Health

13) Health-related problems

14) Infertility issues

00) Long-Covid, psychological effects

15) Pain management

16) Rehabilitation/injury counselling

17) Relaxation

18) Sleeping Disorders

19) Stress management

20) Terminal illness

21) Weight management

Relationships

22) Conflict resolution

23) Couples therapy

24) Cross-cultural

25) Divorce/separation

26) Parenting

27) Relationships

Personal

28) Anger management

29)Assertiveness training

30) Behaviour problems

31) Gay/lesbian issues

32) Grief & bereavement

33) Life transition & adjustment issues

34) Motivation in sport

35) Self-esteem & self development

36) Sexual difficulties

37) Shyness & social skills deficits

38) Sport performance anxiety

Trauma/Harm

39) Bullying

40) Critical Incident Stress Debriefing

41) Cult involvement

42) Domestic violence

43) Post Traumatic Stress Disorder (PTSD)

44) Sexual abuse

45) Suicide

46) Victim of crime

Assessments

47) Assessment/measurement in sport

48) Impairment assessment

49) Neuropsychological assessment

50) Personality assessment

51) Psychopathology assessment

52) Vocational assessment & career issues

Educational

53) Academic performance

54) Intellectual assessment

55) Intellectual disability

56) Learning difficulties

Addictions

57) Gambling

58) Smoking cessation

59) Substance abuse

Work/Community

60) Community consultation/evaluation

61) Executive coaching

62) Human resource management

63) Leadership

64) Organisational restructuring

65) Performance management

66) Personnel selection

67) Work stress

Legal

68) ACC

69) Criminal behaviour

70) Family court issues

71) Legal report

72) Management of offenders

73) Sex offenders

74) Professional Supervision

75) Kaupapa Maori

If you can treat other issues or syndromes, describe briefly below

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**6. About me (e.g. main service offered)**

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**7. Modalities (which technique, approach)**

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**8. Background (for additional information)**

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Return your completed form as a Word document to the Membership Administrator: membership@psychology.org.nz