## NEW ZEALAND INSTITUTE OF PSYCHOANALYTIC PSYCHOTHERAPY

www.psychotherapy.co.nz

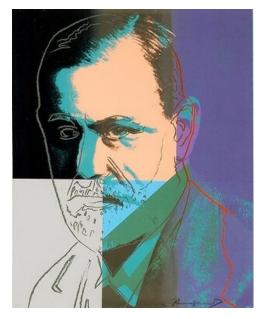
## FOUNDATION COURSE IN PSYCHOANALYTIC THINKING 2022

This one year course will start in July 2022. It consists of three modules, each comprising 10 monthly sessions of 1,5 hours that will take place on Thursdays between 4-9 pm. These modules can be taken concurrently or separately as stand alone papers. This course can also be an introduction to the full training programme in psychoanalytic psychotherapy. Teaching will take place on Zoom so it is open to participants from anywhere in New Zealand.

**PSYCHOANALYTIC THEORY:** introduction to key concepts in psychoanalytic thinking by reading a selection of groundbreaking papers. The course aims at facilitating a capacity to reflect upon and develop a critical thinking when approaching psychoanalytic readings by enhancing discussion between participants and tutors in an informal and lively way.

INFANT OBSERVATION: is an experience designed to deepen the understanding of how the infant grows and how the inner world develops by observing a baby directly in the home environment over the first year of life. Observations are discussed in a small group facilitated by a seminar leader to focus on relationship patterns, early states of mind and to reflect upon the observer's experience.

CASE DISCUSSIONS: are an opportunity for participants to present their work and to 'learn from experience' using psychoanalytic concepts to understand relational difficulties, clinical challenges and/or impasses by starting to wonder about alternative hypotheses to make sense of them. The emphasis is on the integration of theoretical understanding with clinical practice.



**PREREQUISITES:** Participants must have a recognised qualification in the mental health, physical health, social and/or education field; students in these fields attending university or certified programmes can also apply.

**FEES:** \$650 for each course; students \$500

Concession for two courses: \$1200, students \$900 Concession for three courses: \$1800, students \$1350

This fee includes additional Public Lectures, Cineforum, Workshops and Conferences that NZIPP offers during the year, led by psychoanalytic psychotherapists, psychoanalysts and other senior practitioners in the field from New Zealand and abroad.

For further information please contact Director and Deputy Director of Training: Dr Gloriana Bartoli and Miranda Thorpe: training@psychotherapy.co.nz