



# SUICIDE RISK MITIGATION: BEST PRACTICE

## Full Day Workshop

THURSDAY 19<sup>th</sup> AUGUST 2021  
9am – 4pm

### Presented by Dr Annette Beautrais

This one-day workshop will explore best practice in suicide risk mitigation for practitioners. Key topics include: Suicide: Scope of the problem; Assessment; Risk mitigation & brief interventions; Resources (including online); Stress & self-care.

Annette has a broad background in health and mental health research with specific expertise and experience in suicide research and prevention. She has conducted multiple research studies, working in New Zealand and internationally, and has published extensively about suicide and suicide prevention. Annette has worked with the World Health Organisation and served on the board of the International Association for Suicide Prevention. Annette is Adjunct Professor at the University of Canterbury, Christchurch, and currently works as the Suicide Prevention Co-ordinator with the South Canterbury DHB. In addition, she provides community and professional training in suicide prevention throughout New Zealand.

**Key Details:** One-day fully catered workshop

**Venue:** Executive Seminar Room, Massey University, Wellington Campus

**Cost:** \$220 for NZPsS members  
\$135 for NZPsS students  
\$270 for non-members

TO REGISTER, GO TO:

<https://www.psychology.org.nz/events/nzpss-events>