

Affairs, Infidelity and Relationship: How to work with crises of trust and respect

Dealing with the shock, hurt, anger, defensiveness and confusion around infidelity is one of the most challenging things to have in your therapy room. Learn how it can also be one of the most rewarding! Whether you work with couples or individuals this workshop will increase your confidence and your competence in addressing this complex and emotionally-charged issue.

In this dynamic and practical two-day workshop you will learn key assessment targets and straight-forward interventions that can settle your client(s) right down and give them the best possible chance to turn this crisis into growth, learning and deeper intimacy.

Topics covered will include:

- How to talk about and deal with trust issues
- Assessing which of the many flavours and faces of infidelity you are dealing with
- Tailoring interventions to a person's developmental level
- Helping both parties to have a realistic and deep understanding of how and why the infidelity happened
- Recognising and naming who is responsible for what – working with infidelity in the context of broader relationship dynamics
- What is and what isn't a deal breaker
- Working with extreme emotional responses
- The impact on YOU of this issue – your views and history with infidelity and trust

Presenter

Nic Beets is one of the very few clinical psychologists in NZ who **specialises** in couple, relationship and sex therapy. As well as being a director of RTI, offering training in the Developmental Model, Nic works online with couples at www.RelationshipWork.nz. With over 25 of specialist clinical practice, extensive training in the USA and having run many successful trainings all around New Zealand, he is recognised as a leader in the field.

Nic has worked with thousands of couples and countless cases of infidelity. Boost your confidence as you learn from his hard-won experience about what does and doesn't work when the foundations of a relationship get rocked.

Details

Dates: 2 & 3 August 2021

Venue: Sorrento in the Park, One Tree Hill, Auckland

Cost: \$520 incl GST till 2nd July (\$570 after)

Includes **delicious** Lunch, Morning and Afternoon Tea

Bookings:

<http://www.relationshiptherapyinc.com/events/infidelity-affairs-intimacy-3>