

CURRICULUM VITA

Barent W. Walsh, Ph.D.

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EDUCATION:

Boston College Graduate School of Social Work, Chestnut Hill, MA. Ph.D. in Clinical Social Work. Dissertation: Adolescent Self-Injury: An Empirical Study.

Simmons College School of Social Work, Boston, MA. Masters in Social Work (clinical concentration). Both years full scholarship with stipend.

Bowdoin College, Brunswick, ME. Bachelors of Arts in Philosophy, cum laude.

AREAS OF EXPERTISE:

- I received this recognition in 2021:

“On behalf of the International Society for the Study of Self-Injury Board of Directors, we would like to honour your extensive contributions to the field by inviting you to be an Invited Fellow of ISSS. This invitation reflects the highest recognition of your many contributions to the field, notably your seminal work and publications in the areas of assessment and treatment of self-injury.”

- Internationally recognized clinical and research expertise regarding non-suicidal self-injury and suicide. Author of the books, *Treating Self-Injury: A Practical Guide, 2nd Edition* (2014); *1st Edition*, (2006); Guilford Press, New York, and *Self-Mutilation: Theory, Research and Treatment* (1988, with Paul Rosen, Guilford Press) and many research articles in peer reviewed journals and edited volumes.
- Consultation to public and private schools and universities re: understanding, managing and treating self-injury in school settings. I have provided trainings and consultations for the counseling centers at Harvard University, Tufts University, Northeastern University, Wellesley College, Smith College, Stonehill College, Boston College, and secondary schools such as Dana Hall, Noble and Greenough, Bancroft School, the American School of Dubai and the Kamehameha School in Honolulu.
- Consultation and expert testimony re: legal cases involving non-suicidal self-injury and suicidality. I have provided this service in Massachusetts, Maine, New Jersey, and Utah.
- Program development, administration, and service delivery of evidence-based practice models in public sector settings including Dialectical Behavior Therapy (DBT), Illness Management

and Recovery (IMR), Cognitive Restructuring for PTSD, Cognitive Behavioral Therapy for Psychosis, Assertive Community Treatment (ACT), Motivational Interviewing (MI), Supported Employment and Education (SEE), Wraparound services, and Transition Age services.

EMPLOYMENT:

March 2015 to Present - **Executive Director Emeritus and Senior Clinical Consultant for The Bridge, now called Open Sky Community Services**, Worcester, MA. My role is in providing clinical consultations and trainings on understanding and treating self-destructive behaviors.

January 1997 to March 2015 – **Executive Director** of The Bridge. I oversaw 51 programs with an annual budget of \$30 million and 700 employees. When I assumed this position in 1997, the budget was \$8 million.

1978 to 2018: **Private Practitioner** in Worcester, MA. In my part-time private practice, I have specialized in the treatment of self-destructive adolescents and adults. I have also provided family therapy to a diverse clientele for over 40 years.

1977 to 1997 - **Executive Director of the Community Treatment Center, Inc. (CTC)**, Worcester, MA. Prior to the merger between The Bridge and CTC in 1997, CTC consisted of a special education middle school and high school, five community residential programs, and two vocational training programs. The programs provide psychological treatment, educational, residential, hospital diversion, psychosocial rehabilitative, and dual diagnosis services to mentally ill children, adolescents, and adults. Annual budget of CTC was \$3,400,000 with a staff of 150. When I assumed this position in 1977, the annual budget for the agency was \$96,000.

1975 to 1977 - **Clinical Social Worker** serving the Adolescent Unit at Worcester State Hospital. Responsible for clinical treatment and staff training for an after-school program serving adolescents who were long-term inpatients at the Worcester State Hospital.

1973 to 1975 - **Clinical Social Worker**, Protestant Social Service Bureau, Quincy, MA. Supervisor, individual, group, and family therapist and community outreach worker with diverse populations.

1973 to 1974 - **Group Therapist, Alcohol Clinic, Massachusetts General Hospital**, Boston, MA. Leader of weekly outpatient therapy group for adult alcoholics.

1969 - 1971 - **Counselor, Washingtonian Center for Addictions**, Jamaica Plain, MA. Group therapist and supervisor of hospital work program for heroin addicts and alcoholics.

FACULTY POSITIONS:

2008 to present – **Lecturer on Psychiatry, Harvard Medical School at Cambridge Health**

Alliance, Cambridge, MA.

2000 to 2003 – **Adjunct Faculty, Boston College Graduate School of Social Work**, Anna Maria College campus, Paxton, MA. I taught year-long introductory courses on social work theory and practice.

1987 to 1999 - **Research Faculty, Simmons College Graduate School of Social Work**, Boston, MA. I taught year-long courses in empirical research. Each year this course produced a 100-page empirical research report co-written with 12 students. Topics included: “Poly-Self-Destructiveness in Adolescents and Young Adults,” “Body Image Dysfunction in Eating Disordered Adolescents,” and “Body Alienation in Sexually Abused Women.”

1976 to 1986 - **Lecturer, Clark University, College of Continuing Education**, Worcester, MA. Semester-length courses including: “Intervention with the Severely Disturbed Adolescent,” “Stress in the Work Place,” “Philosophical Aspects of Psychological Theories,” and “Social Work with Families.”

PUBLICATIONS:

Walsh, B.W., Doerfler, L.A. & Van Hove, L. (2023). Understanding and Treating Atypical, Severe Nonsuicidal Self-Injury. In *The Oxford Handbook of Nonsuicidal Self-Injury*. Lloyd-Richardson, E., Baetens, I. & Whitlock, J. Oxford University Press.

Bettis, A., Liu, R.T., **Walsh, B.W.** & Klonsky, E.D. (2020). Treatments of self-injurious thoughts and behaviors in youth: Progress and Challenges. *Evidence-Based Practice in Child and Adolescent Mental Health*. <https://doi.org/10.1080/23794925.2020.1806759>.

Walsh, Barent (2019). “Atypical, severe self-injury: How to understand and treat it.” In *Nonsuicidal self-injury: Advances in research and practice*. J.J. Washburn, (Ed.). New York: Routledge.

Hom, M.A., Rogers, M.L., Schneider, M.E., Chiurliza, B., Doerfler, L., **Walsh, B.W.**, Joiner, T.E. (2018). Atypical and severe non-suicidal self-injury as an indicator of severe Psychopathology: Findings from a sample of high-risk community mental health clients. *The Journal of Nervous and Mental Disease* 206(8): 582-588. <https://doi.org/10.1097/NMD.0000000000000865>.

Hasking, P.A., Heath, N.L., Kaess, M., Lewis, S.P., Plener, P.L., **Walsh, B.W.**, Whitlock, J. & Wilson, M.S. (2016). Position paper for guiding response to non-suicidal self-injury in schools. *School Psychology International*, 37, (6), 644-663.

Walsh, Barent (2014). *Treating Self-Injury: A Practical Guide. 2nd Edition*. New York: Guilford Press. This is the paperback edition. It has been translated into Japanese and Polish.

Walsh, Barent & Jennifer Eaton (2014). Dialectical Behavior Therapy. In Claes, L. &

- Muehlenkamp, J. (Eds.). *Non-Suicidal Self-Injury in Eating Disorders*. New York: Springer Publications.
- Walsh, B.W. & Muehlenkamp, J.J. (Winter 2013). Managing nonsuicidal self-injury in schools: Use of a structured protocol to manage the behavior and prevent social contagion. *School Psychology Forum: Research in Practice*, 7, 1-11.
- Walsh, Barent (2012). *Treating Self-Injury: A Practical Guide. 2nd Edition*. New York: Guilford Press. This book has been translated into Japanese and Polish. This edition includes 8 new chapters in addition to a full updating of the first edition published in 2006.
- Walsh, Barent & Doerfler, Leonard A. (2009). Residential treatment of self-injury. In Nock, M. K. (Ed.), *Understanding Non-Suicidal Self-Injury: Origins, assessment, and treatment*. Washington, DC: American Psychological Association.
- Muehlenkamp, J.J., Walsh, B.W. & McDade, M. (2009). Preventing non-suicidal self-injury in adolescents. *Journal of Youth and Adolescence*, 39, 306-314.
- Walsh, Barent, Pigeon, Sharon, & Jacobs, Douglas (2009). Co-developers of the *ACT to Prevent Self-Injury Program*. A two-chapter DVD and instructor's manual for high schools, distributed nationally in the United States. Wellesley, MA: Screening for Mental Health. www.mentalhealthscreening.org.
- Walsh, Barent (2009). Book review of *Self-injury in youth: The essential guide to assessment and intervention* by M.K. Nixon & N.L. Heath. In *Psychiatric Services*, 60, 127-128
- Walsh, Barent (2009). Strategies for responding to self-injury: When does duty to protect apply? In Werth, J., Welfel, E. & Benjamin G. Andrew (Eds.) *The duty to protect*. Washington, DC: American Psychological Association.
- Walsh, Barent (March 2008). Book review of *Dialectical Behavior Therapy with Suicidal Adolescents* by A. L. Miller, J. H. Rathus, & M.M. Linehan. In *Psychiatric Services*, 59, 331-332.
- Walsh, Barent (2007). Clinical assessment of self-injury: A practical guide. *Journal of Clinical Psychology: In Session*, 63, 1057-1068.
- Walsh, Barent (2007). Introduction to the Japanese edition of *Treating self-injury: A practical guide*. Tokyo: Kongo Shuppan Publishing.
- Walsh, Barent (2006). *Treating self-injury: A practical guide*. Guilford Press: New York.
- Walsh, Barent (November, 2006). Book review of *Working with Self-Harming Adolescents* by Matthew Selekman. In *Psychiatric Services*, 57, 1660.

- Walsh, Barent. (2001). Self-mutilation. In *Encyclopedia of criminal and deviant behavior, Volume IV*. Bryant, Clifton, (Ed.) London, England: Taylor & Francis Group.
- Walsh, Barent (June, 2000). Book reviews of *The scarred soul* by Tracy Alderman and *Bodily harm* by Karen Conterio and Wendy Lader, in *Psychiatric Services*, 51, 821-822.
- Walsh, Barent with Alan Berman, Paul Rosen, Michael Stone, Marsha Linehan. (1994). A borderline dilemma case consultation, *Suicide & Life-Threatening Behavior*, 24, 192-198.
- Rosen, Paul, Walsh, Barent & Rode, Sarah. (1990). Interpersonal loss and self-mutilation. *Suicide & Life-Threatening Behavior*, 20, 177-184.
- Rosen, Paul & Walsh, Barent. (1989). Relationship patterns in episodes of self-mutilative contagion. *American Journal of Psychiatry*, 146, 656-658.
- Walsh, Barent & Rosen, Paul (1988). *Self-mutilation: Theory, research, and treatment*, New York: Guilford Press.
- Rosen, Paul, Walsh, Barent & Johnson, Patricia (1988). The effects of unstable clients on adolescent treatment: Contagion versus continuity. *Adolescence*, 23, 29-34.
- Walsh, Barent & Peterson, Lawrence (1985). Philosophical foundations of psychological theories: The issue of synthesis. *Psychotherapy*, 22, 145-153.
- Walsh, Barent & Rosen, Paul (1985). Self-mutilation and contagion: An empirical test. *American Journal of Psychiatry*, 142, 119-120.
- Walsh, Barent (1985). 'The Question of a Weltanschauung' reconsidered: A critique of Heinz Kohut's self psychology. In T. Tamminen (Ed.), *Theories on narcissism: Clinical applications*. Helsinki, Finland: Psychiatria Fennica.
- Walsh, Barent (1980). Transforming an Institutional Program into a Community-Based Network of Services: Worcester's Adolescent Treatment Complex. J. Morrissey, H. Goldman & L. Klerman (Eds.). In *The Enduring Asylum: Cycles of Institutional Reform*. New York: Grune and Stratton.
- Rosen, Paul, Peterson, Lawrence & Walsh, Barent (1980). A community residence for severely disturbed adolescents, *Child Welfare*, 59, 15-26.
- Walsh, Barent & Rosen, Paul (1979). A network of services for severely disturbed adolescents, *Child Welfare*, 58, 115-125.

ACADEMIC PRESENTATIONS:

May 2022. Mass. Dept. of Public Health Annual Suicide Prevention Conference. Lessons Learned from Individuals I've Treated for Self-Injury and Suicide: A Career Reflection."

November 2021. "NSSI and PTSD: An Imperfect Match?" Traumatic Stress Conference - Cambridge Health Alliance Psychiatry Continuing Education

September 2021 - "Understanding, Managing, and Treating Non-Suicidal Self-Injury." Three-hour workshop for Uczę się ACT – a large training platform in Poland. Provided via Zoom.

September 2021 - "Understanding, Managing, and Treating Non-Suicidal Self-Injury: A Brief review." Presented for Saving the Cutting Age project at Institute of Personality Studies and Development, Hangzhou, China.

June 2021 – International Society for the Study of Self-Injury, Annual Conference. Invited address: "Lessons Learned from Individuals I've Treated for Self-Injury and Suicide: A Career Reflection."

May 2021 – Presenter, "Understanding, Managing, and Learning from Grief – During an Era of Covid." Mass. Dept of Public Health, Annual Conference on Suicide Prevention. I provided this talk virtually.

June 2020 – Keynote Address: "When Art Meets Suicide: The Sad Suicide Trajectories of Vincent van Gogh and Diane Arbus." Provided virtually via Zoom for the Annual Meeting of the International Society for the Study of Self-Injury in Vienna, Austria.

Postponed – May 2020 – Presenter at the Mass. DPH Annual Suicide Prevention Conference. Topic: "Understanding, Managing and Treating Atypical Severe Self-Injury."

May 2019 – Presenter at the Mass. DPH Annual Suicide Prevention Conference. Topic: "Suicide Attempts as a Source of PTSD in Suicide Attempters."

April 2019 – Presenter, preconference workshop on "The Ever-Changing Terrain of Non-Suicidal Self-Injury." Annual meeting of the American Association of Suicidology, Denver, CO.

December 2018 – Presenter and Co-Director Harvard Medical School/ Cambridge Health Alliance conference on "Addressing and Treating Self-Destructive Behavior." I presented on "Non-Suicidal Self-Injury," and "Successful Treatment Outcomes with NSSI."

May 2018 – Presenter, "What We Can Learn from the Suicides of Vincent Van Gogh, Diane Arbus, and Marilyn Monroe." Workshop for the Mass. DPH Annual Suicide Prevention Conference, Framingham, MA.

June 2017 – Presenter, 12th Annual Conference of the International Society for the Study of Self-

Injury (ISSS), Temple University, Philadelphia, PA. “Reservoirs of Loss in Seriously Self-Destructive Persons.”

April 2017 – Day long workshop on “Understanding, Managing and Treating Non-Suicidal Self-Injury,” at the American Association of Suicidology Annual Meeting, Phoenix, AZ.

December 2016 – Presenter and Co-Director Harvard Medical School/ Cambridge Health Alliance conference on Treating Self-Destructive Behavior. I presented on “Van Gogh’s Ear: Why Atypical, Severe Self-Injury is an Especially Alarming form of Self-Harm.”

June 2016 – “Training an Urban Police Department in Mental Health Awareness with an Emphasis on Suicide vs. NSSI.” 11th Annual Conference of the International Society for the Study of Self-Injury. University of Wisconsin, Eau Claire.

June 2016 – “Where mental illness and violence intersect: Working with clients who present with complex self-harm and aggression.” 32nd Annual UMMS Public Sector Psychiatry Conference, Worcester (MA) Recovery Center and Hospital.

March 2016 – Presented: “Sitting with the Misery of Self-Destructive Clients: How to Do We Help Our Clients? How Do We Help Ourselves?” Harvard Medical School/ Cambridge Health Alliance conference on Treating the Addictions. Boston, MA.

January 2016 – Course Co-Director for the Harvard Medical School/ Cambridge Health Alliance conference on School Mental Health. I also presented on “Strategies for Intervening in Suicidality vs. Self-Injury.” Boston, MA.

June 2015 – Invited lecture: “Sitting with Loss, Misery and Death: How Do We Help Our Clients? How Do We Help Ourselves?” Annual Conference of the International Society for the Study of Self-Injury (ISSS). Heidelberg, Germany.

April 2015 – “Sitting with Loss, Misery and Death: How Do We Help Our Clients? How Do We Help Ourselves?” Annual meeting of the Mass. Department of Public Health Suicide Prevention Conference. Framingham, MA.

April 2015 – “Understanding, Managing, and Treating Foreign Body Ingestion.” Grand Rounds for Worcester Recovery Center and Hospital, Worcester, MA.

April 2015 – “Why Atypical, Severe Self-Injury is an Especially Alarming Form of Self-Harm.” Annual Meeting of the American Association of Suicidology. Atlanta, GA.

January 2015 – Co-Director: Harvard Medical School/ Cambridge Health Alliance, Annual Conference on School Mental Health. Boston, MA.

January 2015 – “Understanding and Treating Non-Suicidal Self-Injury: What Works and What Doesn’t.” Invited address at the Psychology Department of the University of Amsterdam (VU),

Netherlands.

October 2014 – “Understanding, Managing, and Treating Foreign Body Ingestion.” Grand Rounds for New Hampshire State Hospital, Concord, NH.

July 2014 – “Understanding and Managing Self-Injury in Schools.” School Mental Health Conference, Stuttgart, Germany.

July 2014 – “Mindful Breathing Skills.” University of Ulm Psychiatric Hospital and Clinic, Ulm, Germany.

January 2014 – “Why We Could Have Saved van Gogh.” Annual meeting of the Health Foundation of Central Massachusetts, Worcester, MA.

September 2013 – Paper: “Van Gogh’s Ear: Using Joiner’s Interpersonal Theory of Suicide to Explicate Van Gogh’s Ear Self-Injury and Suicide.” International Association for Suicide Prevention Biannual Convention, Oslo, Norway.

September 2013 – Workshop: “Understanding, Managing and Treating Non-Suicidal Self-Injury.” International Association for Suicide Prevention Biannual Convention, Oslo, Norway.

September 2013 – “Another Side of Mindfulness: Collaborating with Clients in the Treatment of Self-Harm.” Meditation and Psychotherapy Conference: Deepening Mindfulness with Thich Nhat Hanh. Harvard Medical School Department of Continuing Education. I presented on

June 2013 – “Van Gogh’s Ear: Why Atypical Self-Injury May Be An Especially Alarming Form of Self-Harm.” Annual conference of the International Society for the Study of Self-Injury, Vancouver, British Columbia.

February 2013 – “Van Gogh’s Ear: Why Atypical Self-Injury May Be An Especially Alarming Form of Self-Harm.” Grand Rounds, Worcester Recovery Center and Hospital, Worcester, MA.

March 2013 – Day long training on: “Balancing Dignity of Risk with Managing Clinical Risk.” Tewksbury State Hospital, Massachusetts.

October 2012, “Understanding and Managing Foreign Body Ingestion.” Massachusetts Department of Developmental Disabilities and UMass. Medical School Conference on “Prevention, Risk and Safety at the Front Line of Services to Individuals with Intellectual Disability.”

July 2012, “Using Cognitive Restructuring for PTSD to Reduce Suicidal and Self-Injurious Behaviors.” International Society for the Study of Self-Injury, Chapel Hill, NC.

May 2012, “Compassion in Action: Using DBT in Residential Treatment with Adolescents.” Cambridge Health Alliance/ Harvard Medical School Conference on “Meditation and

Psychotherapy.”

April 2012, Day long pre-conference workshop on “Crossing The Bridge to and from Suicide: Responding to Suicide in a Human Service Agency.” American Association of Suicidology Annual Meeting, Baltimore, MD.

November 2011, “An Introduction to Cognitive Behavior Therapy for PTSD.” Worcester State Hospital, Worcester, MA.

October 2011, Grand Rounds on “Understanding and Treating Nonsuicidal Self-Injury.” Harvard University Health Services Mental Health Clinic. Cambridge, MA.

September 2011, Pre-conference workshop on “Understanding and Treating the Complex Puzzle of Non-Suicidal Self-Injury.” This is the first pre-conference workshop on self-injury ever provided at an IASP conference. In addition, I provided a paper presentation, “DBT Residential Treatment with Adolescents.” International Association for Suicide Prevention, Biannual Conference, Beijing, China.

June 2011, International Society for the Study of Self-Injury, Fordham University, New York, NY. “Crossing The Bridge to Suicide: Some Reflections on Shneidman, Joiner, and the Pragmatics of Working with Self-Destructive Persons.”

April 2011, American Association of Suicidology, Portland, OR. “Understanding, Managing, and Treating Foreign Body Ingestion.” In addition, paper presentation: “DBT Residential Treatment with Adolescents.”

January 2011, New York University Child Study Center, New York University Medical Center. Provided Grand Rounds presentation, “Understanding, Managing and Treating Non-Suicidal Self-Injury.”

July 2010, Suicide Prevention Resource Center, Research to Practice Webinar Series. Presented, “Non-Suicidal Self-Injury in Suicide Prevention.” This webinar attracted 350 participants from five countries.

June 2010, International Society for the Study of Self-Injury (ISSS), Chicago, IL. Presented, “In Auschwitz They Dreamed of Eating: Understanding, Managing, and Treating Foreign Body Ingestion.”

April 2010, Annual meeting of the American Association of Suicidology, Orlando, FL. Presented day long pre-conference workshop, “Evidence-Based Approaches to Nonsuicidal Self-Injury,” with Jennifer Muehlenkamp.

April 2010, Co-Presented with Jennifer Eaton, 1-hour Webinar "Nonsuicidal Self-Injury in Adolescent Residential Settings: Data and Experience at The Bridge," Practice Ground: Evidence-Based Practice Learning Community. www.practiceground.org. Hosted by Kelly

Koerner, Ph.D.

March 2010, Eleanor Slater Hospital, Cranston, RI. "Understanding, Managing, and Treating Foreign Body Ingestion."

March 2010, Harvard Medical School Department of Continuing Education, Conference on Substance Abuse. Lectured on "Understanding and Treating Suicidal and Self-Injurious Behaviors in Substance Abusers."

October 2009, Biannual meeting of the International Association for Suicide Prevention, Montevideo, Uruguay. Provided the workshop: "New Developments in Understanding and Treating Nonsuicidal Self-Injury."

July 2009, International Society for the Study of Self-Injury (ISSS), at Stony Brook University. "Zen Stories of Self-Mutilation and What They Teach Us About Nonsuicidal Self-Injury."

November 2008, "Implementing Evidence-Based Practice Models in Unusual Settings." Presenter and panel discussant. 42nd Annual Convention, Association for Behavioral and Cognitive Therapies, Orlando, FL.

July 2008, International Society for the Study of Self-Injury (ISSS), at Harvard University. "Evaluating and Enhancing Effectiveness in a Residential Dialectical Behavior Therapy Program for Adolescents."

June 2008, Harvard Medical School Department of Continuing Education, Conference on Self-Harm. Co-Director of the conference and Presenter on the following topics: "New Developments in Understanding and Treating Self-Injury," "Understanding, Managing, and Preventing Social Contagion of Self-Injury," and "ACT to Prevent Self-Injury: A Program for High Schools."

April 2008, American Association of Suicidology Annual Conference, Boston, MA. Workshop: "Understanding, Managing and Preventing Social Contagion of Self-Injury."

April 2008, American Association of Suicidology Annual Conference, Boston, MA. Day long pre-conference workshop: "Understanding and Treating Self-Injury in the 21st Century."

February 2008, University of Connecticut School of Medicine, Department of Psychiatry, Farmington, CT. Day long workshop in the Master Therapist Series: "Understanding and Treating Self-Injury."

January 2008, Grand Rounds, Children's Hospital, Boston, MA. "New Developments in Understanding and Treating Self-Injury."

November 2007, Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA. Panel Discussion: "Expanding the Focus of CBT Training to All Mental Health Disciplines." Panelists: Leonard Doerfler, Judith Beck, Barent Walsh, Peter Toscano,

Peter Moran.

November 2007, Annual Meeting of the Virginia Counselors Association, Portsmouth, VA.
Keynote Address: “New Developments in Understanding and Treating Self-Injury.”

October 2007, National Institute of Mental Health, Tokyo, Japan. Invited to present a 2.5 hour lecture on “The Assessment and Treatment of Self-Injury” to the Suicide Prevention Division.

April 2007, American Association of Suicidology Annual Conference, New Orleans, LA.
Workshop: “Responding to Self-Injury within Suicide Hotlines.” With Michelle Moorhead and Nikki Kontz, Teenlifeline, Phoenix, AZ.

November 2006, University of Massachusetts Medical School, Worcester, MA. Grand Rounds: “Understanding and Treating Self-Injury.”

April 2006, American Association of Suicidology Annual Conference, Seattle, WA. Day long workshop: “New Developments in Understanding and Treating Self-Injury.”

February 2006, Harvard Medical School, Department of Continuing Education, “Treating Students K to 12” Conference. “New Developments in Understanding and Treating Self-Injury.”

November 2005, ISITDBT Annual Conference, Washington, DC. “Residential Applications of DBT Designed to Prevent Suicide and Self-Injury Contagion.” Presenters: Barent Walsh and Jennifer Eaton.

April 2005, American Association of Suicidology Annual Conference, Denver, CO. “New Developments in Understanding and Treating Self-Injury.”

February 2005, Harvard Medical School, Department of Continuing Education, Annual Conference on Adolescent Self-Destruction. “New Developments in Understanding and Treating Self-Injury.”

June 2004, University of Connecticut School of Medicine, Department of Psychiatry, Farmington, CT. Day long workshop in the Master Therapist Series: “New Developments in Understanding and Treating Self-Injury.”

April 2004, American Association of Suicidology Annual Conference, Miami, FL. Day long workshop on “New Developments in Understanding and Treating Self-Injury.”

April 2003, American Association of Suicidology Annual Conference, Santa Fe, NM. Day long workshop on “Understanding and Treating Self-Injury.”

April 2002, University of Connecticut School of Medicine, Department of Psychiatry, Farmington, CT. Day long workshop in the Master Therapist Series: “Treating Suicidal Behavior in Adolescents and Adults.”

April 2002, American Association of Suicidology Annual Conference, Bethesda MD. Day long workshop on “Understanding and Treating Self-Injury” with Caroline Kettlewell.

March 2002, Harvard Medical School, Department of Continuing Education, Cambridge, MA. “New Developments in Understanding and Treating Self-Injury.”

April 2001, American Association of Suicidology Annual Conference, Atlanta, GA. Special Symposium, “Understanding and Treating Self-Injury.” I convened, chaired, and presented at the first day long symposium on self-injury involving the major experts in the field. Fellow presenters included: Armando Favazza, M.D., Caroline Kettlewell, M.A., Jane Hyman, Ph.D., Sarah Shaw, M.S.W., Tracy Alderman, Ph.D., Karen Conterio, Wendy Lader, Ph.D., and Katherine Comtois, Ph.D.

April 2000, American Association of Suicidology Annual Conference, Los Angeles, CA. “Self-Mutilation.” This presentation was summarized by reporter, Batya Swift Yasgur, and published in Clinical Psychiatry News, June 2000.

April 2000, Pre-Conference Symposium, Annual Conference of the National Association of Social Workers, Boston, MA. “Social Work and Leadership.” Panel presentation with Dr. Barbara Fenby and Jackie Woodside.

March 2000, Grand Rounds, McLean Hospital, Belmont, MA. Panel presentation on “Self-Injury” with Drs. Jane Hyman, Susan Lewis, and Sarah Shaw.

April 1999, American Association of Suicidology Annual Conference. Houston, TX. “Attitudes Regarding Life, Death, and Body Image in Poly-Self-Destructive Adolescents.”

December 1998, University of Connecticut School of Medicine, Department of Psychiatry, Farmington, CT. Master Therapist Series. “Treating Self-Mutilative and Other Self-Harming Behaviors.”

April 1998, Trauma Recovery Resource Network, University of Wisconsin, Milwaukee, WI. “The Relationship Between Sexual Abuse Trauma and Self-Mutilation.”

February 1998, Harvard Medical School, Department of Continuing Education, Boston, MA. “Self-Mutilation.”

February 1997, Psychiatric Grand Rounds, Bay State Medical Center, Springfield, MA. “Understanding and Treating Self-Mutilation.”

October 1996, Psychiatric Grand Rounds, Westboro State Hospital, “Understanding and Treating Self-Mutilation.”

May 1995, American Association of Suicidology Annual Conference, Phoenix, AZ. “Poly-Self-Destructiveness in Adolescents.”

October 1993, Psychiatric Grand Rounds, Mount Auburn Hospital, Cambridge, MA. “On the Link Between Sexual Abuse and Self-Mutilative Behavior.”

November 1992, First International Congress of Thanatology and Suicide, Mexico City, Mexico. “Poly-Self-Destructiveness in Adolescents and Adults.”

October 1991, Grand Rounds, St. Vincent Hospital, Worcester, MA. “Understanding and Treating Self-Destructive Behavior.”

January 1991, Grand Rounds, University of Massachusetts Medical School, Worcester, MA. “Recent Developments in Understanding and Treating Self-Mutilation.”

April 1989, Twenty-Second Annual Conference, American Association of Suicidology, San Diego, CA. “Multi-Modal Treatment of Self-Mutilation.”

June 1988, Second European Symposium on Suicidal Behavior, Edinburgh, Scotland. “Empirical Findings Regarding Adolescent Self-Mutilation.”

April 1988, Twenty-First Annual Conference, American Association of Suicidology, Washington, D. C. “Differentiating Self-Mutilation from Suicide.”

June 1987, “A Critique of Heinz Kohut’s Self Psychology.” This lecture was presented at the symposium entitled, “Essentials of Self Psychology for Social Workers.” Boston College Graduate School of Social Work.

May 1987, Fourteenth International Congress for Suicide Prevention and Crisis Intervention, San Francisco. “Understanding Adolescent Self-Mutilative Behavior.”

July 1985, Thirteenth International Congress for Suicide Prevention and Crisis Intervention, Vienna, Austria. “Distinguishing Self-Mutilation from Suicide in Disturbed Adolescents.”

April 1984, American Orthopsychiatric Association Annual Conference, Toronto, Canada. “Self-Mutilation and Suicide in Disturbed Adolescents: Theoretical, Clinical, and Research Issues.”

June 1984, World Psychiatric Association Regional Symposium, Helsinki, Finland. “‘The Question of the Weltanschauung’ Reconsidered: A Critique of Heinz Kohut’s Self Psychology.”

RECENT PROFESSIONAL TRAININGS AND WORKSHOPS:

I frequently provide day-long trainings with a focus on: “Understanding, Managing, and Treating Self-Injury” or other topics. A partial list of the dates and settings follows:

2020 – Present – Many workshops on “Understanding, Managing, and Treating Non-Suicidal

Self-Injury” and on “Preventing Suicide” for the Connecticut Dept. of Mental Health and Substance Abuse Services.

2014 -- Present – Massachusetts Department of Mental Health. Frequent day long trainings on non-suicidal self-injury and suicide throughout Massachusetts

2014 – Present – Presentations on non-suicidal self-injury and suicide at the Mass. Dept. of Public Health’s Annual Conference on Suicide Prevention.

June 2014 – Kamehameha Schools, Honolulu, Hawaii.

January 2013 – American School of Dubai; Dubai, United Arab Emirates

November 2011 – Fargo, ND public schools

November 2011 – Akron, OH public schools

October 2011 – Brattleboro Retreat, VT.

December 2010 – Two day long trainings on self-injury Massachusetts Blue Cross Blue Shield, Quincy, MA.

November 2010 – Two day consultation and training on suicide and self-injury for Riverview State Hospital, Augusta, Maine.

June 2010 – International Society for the Study of Self-Injury and Alexian Brothers Hospital, Chicago, IL.

June 2010 – Berkshire AHEC, Pittsfield, MA.

April and June 2010 – Spring Harbor Hospital, Westbrook, Maine.

March 2010 -- Brattleboro Retreat, Brattleboro, VT.

March 2009 – Master Therapist Series, U. of Connecticut Medical School, Farmington, CT.

October 2008 – North Carolina AHEC, Charlotte, NC.

January – May 2008 – Massachusetts Department of Mental Health. Six half-day or day long trainings on self-injury for Department and community provider staff.

January 2008, March 2006 & November 2003 – Stonehill College, College Counseling Center. Easton, MA.

February 2008, Wellesley College Health Center, Wellesley, MA.

2002 to Present - Massachusetts Public Schools including Leominster, Fitchburg, East Longmeadow, Wrentham, Medway, Dedham, Lawrence, Oakmont, Burlington, Shrewsbury, South Hadley, Arlington, Dover-Sherborn, Townsend, Westboro, Natick, Northboro-Southboro, Medfield, East Brookfield, Millis, Holliston, Marlboro, Framingham, and Worcester.

January 2007, Tufts University Health Center, Medford, MA.

October 2006, February 2005 & October 2003 – Teen Life Line, Phoenix, Arizona.

October 2005 and September 2002 – National Association of Social Workers, Newton, MA.

June 2005 – Toronto, Ontario Public Schools.

June 2005 and May 2004 – Roger Williams University Counseling Center, Warren, RI.

January 2005 – University of Florida, Student Mental Health Services, Gainesville, FL.

October 2004 – Massachusetts School Nurses Association, Shrewsbury, MA.

January 2003 – Five Colleges Mental Health Clinic Consortium. Half-day training on self-injury for the mental health clinics serving Amherst College, Mount Holyoke, Hampshire, University of Massachusetts, Amherst, and Smith College.

September 2002 and June 2000 – Harvard University Counseling Center, Cambridge, MA.

June 2002 and October 2004 – Boston College Graduate School of Social Work, Chestnut Hill, MA, Department of Continuing Education.

April 2002 – Master Therapist Series, Department of Psychiatry, University of Connecticut Medical School, Farmington, CT.

1993 - 2003 - Community Program Innovations, Andover, MA (Annually for the 10 year period).

October 2001 and October 2005 – Massachusetts School Nurses Association, Holyoke, MA.

August 2001 – Multi-Agency Team for Children, Savannah, Georgia.

May 2001 – University of Massachusetts Correctional Mental Health Services, Bridgewater State Hospital.

March and October 2000 – DATA of Rhode Island, Providence, RI.

November 1999 – Judge Baker Children's Center, Boston, MA.

October 1999 – Family Service Society, Corning, NY.

June 1998 – Kidspeace, Bethlehem, PA.

May 1998 – The Samaritans, Lowell, MA.

1991 - 1998 - Department of Social Services, Boston, MA (Once or twice per year).

April and June 1997 - AtlantiCare Hospital, Lynn, MA.

October 1996 - Boston College Graduate School of Social Work, Chestnut Hill, MA.

October 1996 - Health Counseling Services, Binghamton, NY.

November 1995 - Alternatives for Children and Teens, Columbus, Ohio.

June 1994 - North Carolina Area Health Education Center, Asheville, NC.

February 1994 - Georgia Area Health Education Center, Dublin, GA.

September 1993 - North Carolina Area Health Education Center, Greenville, NC.

March 1992 - Washington County Mental Health Services, Montpelier, VT.

February 1992 - Chrysalis Counseling Center, Dallas, TX.

April 1991 - Hillcrest School, Pittsfield, MA.

December 1991 - Augusta State Hospital, Augusta, ME.

December 1990 - Health Counseling Services, Minneapolis, MN.

July 1990 - Volunteers of America, Minneapolis, MN.

June 1990 - Hurricane Island Outward Bound, Bethel, ME.

CONSULTATIONS:

Over the past twenty five years, I have done many case consultations, generally pertaining to difficult-to-manage self-injurers or suicidal individuals. Consultations have been provided to Four Winds Hospital (NY), New Hampshire Hospital, Spring Harbor Hospital (ME), Eleanor Slater Hospital (RI), Trenton (NJ) State Hospital, Bridgewater, Westborough, Taunton, Tewksbury, Worcester State Hospitals (MA), Massachusetts Correctional Institutions at Framingham, Concord, and Bridgewater, University of Connecticut School of Medicine,

Kidspace (PA), Boston Children's Hospital Inpatient Unit, University of Massachusetts Medical Center, Advocates, Riverside Community Care, Worcester Area Department of Mental Health, LUK, Inc., Herbert Lipton Community Mental Health Center, YOU, Inc., Community Healthlink, Alternatives Unlimited, Massachusetts Department of Social Services, and many public schools.

MEDIA PRESENTATIONS:

March 2011 – Teen Self-Injury and Suicide Prevention. Webinar provided with Screening for Mental Health, for the U.S. Military Pathways program.

January 2011 – I appeared on the Sirius Radio, Dr. Radio program at New York University Medical Center, New York, NY. I was the guest expert on nonsuicidal self-injury, appearing with three other professionals.

December 2010 – I was one of three Americans taped for a documentary entitled “The Silent Epidemic, AKA, The Science of Self-Harm”, produced by Beyond Productions of Sydney, Australia. This documentary aired on SBS Television in Australia December 12, 2010.

2003- Present – I have been interviewed for stories regarding self-injury by the Boston Globe, Phoenix Republic, Bangor Daily News, Newsday, Fort Wayne Journal Gazette, Poughkeepsie Taconic Press, Reader's Digest, People Magazine, Montreal Gazette, Binghamton Press & Sun-Bulletin, Worcester Telegram, and other publications.

October 2005 – I appeared on the PBS show, “Keeping Kids Healthy” which aired nationally. Focus of the show was on self-injury in teens.

October 2003 – Phoenix, AZ talk show interview regarding the causes and treatment of self-injury.

January 1996 - I was interviewed by (and coordinated interviews with clients) for ABC's 20/20 syndicated News Magazine for a TV show on the topic of self-injury.

AWARDS:

2021 - I received this recognition in 2021: “On behalf of the International Society for the Study of Self-Injury Board of Directors, we would like to honour your extensive contributions to the field by inviting you to be an Invited Fellow of ISSS. This invitation reflects the highest recognition of your many contributions to the field, notably your seminal work and publications in the areas of assessment and treatment of self-injury.”

2015 – The “Barent W. Walsh Award for Clinical Excellence” was created in my honor by my long-time employer, The Bridge. This award is conferred annually on a deserving Bridge

clinician. I was the first recipient.

2014 – I received the “Excellence in Outcomes Award” – along with my team of colleagues from The Bridge -- at the annual meeting of the Association for Behavioral Health, Waltham, MA.

2011 – Received the “Lifetime Achievement Award” from the Massachusetts Chapter of the National Association of Social Workers.

2011 – Received a “Leadership in Suicide Prevention” award from the Massachusetts Coalition for Suicide Prevention. State House, Boston, MA.

2008 – Received the Carl B. Hutchins Award from the Mental Health and Substance Abuse Corporations of Massachusetts for being a “significant child advocate who has demonstrated a long-term commitment to supporting and enhancing services for troubled children/ adolescents at the local and state level.”

2006 – Recognized as a “Distinguished Graduate” of Boston College Graduate School of Social Work, at the annual meeting of the Boston College Social Work School Alumni Association. I was nominated for this honor by the former Undersecretary of Health and Human Services for Massachusetts, John R. Ford.

1991 - NASW Special Recognition Award. Presented for: “Contributions to the social work profession and for outstanding integration of clinical theory into practice with troubled youth.” NASW Massachusetts Regional Council.

1986 - Alumni Special Recognition Citation for the Paper, “Philosophical Foundations of Psychological Theories.” Presented by the Simmons College School of Social Work Alumni Association.

MEMBERSHIPS:

American Association of Suicidology

National Association of Social Workers

International Association for Suicide Prevention and Crisis Intervention

Association for Behavioral and Cognitive Therapies

Charter Member, International Society for the Study of Self-Injury

BOARD AND COMMUNITY PARTICIPATION:

Board Member and Member of the Executive and Distribution Committees, Health Foundation of Central Massachusetts, Worcester, MA. 2013- present.

Board of Directors, Association for Behavioral Health, Natick, MA. 1998 - 2015. Chair:

Outcomes Committee, 1999 to 2008. DMH Executive Committee, 1998 – 2015.

Incorporator, and member of the Human Resources Committee, Worcester Art Museum, Worcester, MA. 2005 to 2012.

Board of Directors, The Samaritans, Framingham, MA. 2003 to 2005.

Board of Directors, National Conference for Community and Justice (NCCJ). 2000 to 2002.

President, Southboro Youth Baseball Association, 1986-1987.

Incorporator, Open Sky Community Services, Worcester, MA. 2019 to present.

LICENSURE: Massachusetts LICSW.