







# Peoples Using Psychology to Flourish

## Free Online events- available nationally

	MONDAY 10 <sup>th</sup> May	TUESDAY 11 <sup>th</sup> May	WEDNESDAY 12 <sup>th</sup> May	THURSDAY 13 <sup>th</sup> May	FRIDAY 14 <sup>th</sup> May
<b>Event</b>	 <p><b>Anxiety experienced by children and young people in the school context</b></p>	 <p><b>It's Not Over Yet – Preparing for a Covid Future</b></p>	 <p><b>Eating disorders and body image concerns: What's the difference, why you should care and what to do about them.</b></p>	 <p><b>How can psychology best be used to increase public safety?</b></p>	 <p><b>CRAZYWISE</b></p>
<b>Hosted by</b>	Institute of Educational and Developmental Psychology	NZ Psychological Society National	Auckland Branch	Institute of Criminal Justice and Forensic Psychology	NZ Psychological Society National
<b>Time</b>	7.30pm	7pm	7pm	7pm	Available from 9.30am
<b>Location /Link</b>	Zoom	Zoom	Zoom	Zoom	Online

	 <p><i>Flourish and Thrive with a Health Condition - lunchtime seminar series</i>                      Hosted by Institute of Health Psychology                      Zoom, 12pm – 12.40pm daily</p>				
<b>Topic</b>	<p><b>Can mobile phones help people manage their health?</b> <i>Dr Rosie Dobson</i></p>	<p><b>Sleep Well, Feel better: Strategies for improving your sleep.</b> <i>Anna Griffiths</i></p>	<p><b>GPS Signal Lost: Supporting Patients in Navigating and Negotiating their Healthcare</b> <i>Jessee Fia'ali'i</i></p>	<p><b>When the going gets tough, the tough get going – looking after intimate relationships in times of health challenge</b> <i>Leena St Martin</i></p>	<p><b>There is no such thing as a drug free holiday: Strategies to assist you to take your medicines.</b> <i>Iris S. Fontanilla</i></p>
<b>Link</b>					

Psychology Week, 10 – 16<sup>th</sup> May, 2021

Find out more at [psychology.org.nz](http://psychology.org.nz)

