

Compassion as a value versus compassion as a science: How to sustain care in the helping professions

Although it sometimes fails, compassion – the desire to alleviate suffering – is central to what we might call the helping professions. In this talk, Prof. Consedine will discuss a program of translational research examining compassion in healthcare, offering key insights into the origins of compassion, the distinction between compassion and empathy, and the strategies we might use to sustain care for patients and ourselves over time.