Transformative Clinical Supervision

Fran Vertue Jason Northover and Liz Waugh

17 and 18 October 2022, 8:30 – 5pm The Royal New Zealand Yacht Squadron, Auckland

"To be transformative is to cause, or be able to cause, an important and lasting change in someone or something; to inspire change or cause a shift in viewpoint"

This advanced workshop will enhance your capacity as a transformative supervisor. It is designed for psychologists with experience of clinical supervision in any contexts including private practice, health, NGOs, and forensic settings. The programme includes didactic teaching, demonstrations, and opportunities to practice, utilising a "hear one, see one, do one" pedagogy. You will take away theoretical understanding and practical skills that you can readily apply to your supervision practice.

Themes covered include:

- Supervision through cultural lenses
- Ethical issues in supervision
- A Supervisor's Toolkit including:
 - Reflective practice methods
 - Providing corrective and affirmative feedback
 - Cross-professional / cross-role supervision
 - How do I know I'm doing a good enough job?
 - o Workload management
 - o The role of the supervisor when a supervisee is the subject of a complaint
 - Fixed versus growth mindset

Presenters:

Dr Fran Vertue is a clinical psychologist in private practice. Her experience includes the development and delivery of supervision training to mental health practitioners around New Zealand; developing a supervision practice model and the Supervision Competency within the Department of Corrections; and a broad individual and group supervision practice across a number of professions. Fran is an experienced presenter with a commitment to informative and engaging workshops.

Jason Northover, Ngāti Porou Ngāti Kahungunu. Jason works as a Kaupapa Māori Clinical Educator within the School of Psychology Speech and Hearing at the University of Canterbury and as both a Senior Advisor Rehabilitation Programmes and Senior Advisor Kaupapa Māori Supervision within the Department of Corrections. He is the Managing Director of Kihirua Ltd providing cultural support, education programmes, workshops, and cultural supervision. *Ka whāngaia, ka tupu, ka puāwai - nurturing cultural competence so your practice can blossom and grow.*

Liz Waugh is a clinical psychologist and neuropsychologist in private practice. She has extensive experience as a clinical supervisor, including training professionals to be effective supervisors and supervisees within NGOs, the Department of Corrections, and as the Director of the Psychology Centre, University of Canterbury. She brings her experience of cross disciplinary supervision with a range of other professionals.

Fees: \$850 including workbook and full catering Numbers are strictly limited to optimise the workshop experience.

Please email <u>liz.waugh@christchurchpsychology.co.nz</u> for a registration form

Prepare to learn and be inspired!