

Workshop title: Adopted- the lived experience

Learn - more about the experience and impact of adoption and how you can support adopted people in Aotearoa NZ.

Offering – drawing on my experience as an adopted person I share learnings from both personal and professional experience to highlight the potential impact, themes and challenges.

Topics we will cover-

- ◇ Cultural context and 'Closed Adoption' practice during the 1950's - 80's
- ◇ Impact of early separation
- ◇ Growing up during the 'Closed Adoption' era – lived stories
- ◇ Common themes - 7 core issues and how they show up
- ◇ The 'Open Adoption' era - practice and experience
- ◇ Possible do's and don'ts in supporting adopted people
- ◇ Tools and resources - yours and mine
- ◇ Current legislative climate in NZ
- ◇ Adult adoption support available
- ◇ How might you take this information forward

Learnings/takeaways to bring to your practice -

- ◇ A deeper understanding of the experience of being adopted and its impact
- ◇ Ways to be a sensitive, supportive, helpful and an effective health practitioner for adopted people
- ◇ Tools and resources to add to your kete

A question for you?

Do you know an adopted person; a family member, friend or client that has this experience? If so, please bring along your reflections/experience to share.

Please let Jo know if you are an adopted person yourself - jo@jowilliscoach.com

Finally –I look forward to meeting you all, delving into and exploring this experience that impacts so many New Zealander's and is close to my heart.

Warmest wishes
Jo