

EMDR Trainings in 2024 with Astrid Katur

EMDR Basic trainings will take place in dual delivery mode with in-person and online options. Specialty trainings in person only

For all trainings, please see astridkatur.com or contact us on info@astridkatur.com

February

19.-21.2.2024 Part 1 Wellington (Mercy Conference Centre)
in person & online

March

11.-13.3.24 EMDR & Dissociation Training, Wellington
in person only

April

8.-10.4.24 Part 1, Christchurch, (Mc Faddens Centre)
in person & online

August

19.& 20.8. Recent-Traumatic Episode Protocol/Group-Traumatic Episode
Protocol training, Wellington
in person only

September

9.-11.9.24 Part 2 Wellington (Mercy Conference Centre)
In person & online



Astrid Katur is a Registered Clinical Psychologist based in Private Practice in Wellington. She has worked for over 30 years in New Zealand, Australia and Germany.

Most recently her area of expertise has been in the treatment of Trauma and in the field of Addictions. Before that she has been working in Forensic and Correction settings, Relationship Services, Child and Adolescent Mental Health Services and in General Private Practice, providing Employment Assistance Services, Critical Incident Debriefin-

gs and Family court reports.

After finishing her academic training in her native Germany, Astrid has extensively trained in Eye Movement and Desensitization Therapy (EMDR) and is now an accredited EMDR Institute Trainer, EMDR Europe Consultant and a Trainer of the Recent-Trauma Episode Protocol & Group - Trauma Episode Protocol.