
New Zealand Journal of Psychology

EDITOR

Marc Wilson

*School of Psychology
Victoria University of Wellington*

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Editor's Introduction

First up, let me acknowledge the delay in publication of this issue. In reality it has been ready for several months, needing only this piece written. The University space is a challenging one at present, and this is reflected in several ways, including difficulty obtaining reviews for manuscripts (I understand this isn't an issue NZJP alone faces), uneven patterns of manuscript submissions (I shall come back to this) and, as an academic myself, finding the time to do the work when the workforce is living with uncertainty, or actual job cuts.

That said, here is the December 2023 issue of the *New Zealand Journal of Psychology*. It includes six papers, and I am signalling that I shall be aiming for six papers per issue to give each issue a feeling of substance. We have had several issues in the past several years that haven't actually 'felt' like an issue because they have included two or three papers. What can you do to help us? Submit your work. As well as the world-leading work that you will see in this issue, I'm particularly keen on publishing work that lives up to the Journal requirement to speak to our own context, that is student-led, and that generally showcases our expertise.

I think this issue embodies that aspiration. It is somewhat accidental that five out of the six works touch on ethnicity and racism. It is no accident that I've presented the work of the WERO Team upfront. Their work presents analysis of an audit of integration of Māori-focused content in Clinical Psychology Programmes across the country, and update of Abbott and Durie's (1987) own report on this subject. This paper is also a first, opening with the first abstract presented in both English and Te Reo Māori. I would love to get to a point where all of the manuscripts published in NZJP open similarly.

The theme continues in Ioane and colleagues' reflection on clinical psychology training for Pacific people. Next, though not focusing on clinical programmes or minority students' experiences of them, Fakapulia et al. present an empirical study investigating stress, sleep, and sleep hygiene among Pacific students. The fourth paper in this almost-thematic section presents Hsu and Akuhata-Huntington's programme of development of a digital tool for addressing medical students' biases regarding Māori. Though Osborne and colleagues zoom out of the university, their NZAVS-based work gives me hope for hinting at potential mechanisms for the finding that community-level diversity ameliorates important ideological predispositions that have long been shown to provide a foundation for racism.

On the subject of racism, it is worth noting that NZJP has had an open call for papers on the subject of 'Unmarking Racism and Oppression in Psychology'. While the call for expressions of interest has closed, the editors received an overwhelming response, and will be looking forward to the final submissions of those work invited for full consideration by the end of May.

Finally, and rounding out the six but unrelated to ethnicity or race, a classic piece of psychometrics, focusing on a commonly-used measure of perfectionism among adolescents.

Advice to authors: Consistent with the imperative of the Journal, *any* submission must clearly articulate relevance in the context of Aotearoa New Zealand. Information about the Journal, and general author guidelines can be found [here](#).

Additionally, the Covid-19 pandemic has dramatically affected the ways that academics work, and this can be seen in much greater difficulty securing reviews (for example, we have experienced significantly more declines of review invitations compared to pre-Covid times). Feel free to suggest reviewers with appropriate expertise (while being aware of conflicts of interest) and we will draw off that list when supplementing the invitations we extend. Finally, **please ensure that you submit a deidentified manuscript!** It inevitably causes delays if we have to ask for a manuscript to be de-identified.

For now, we wish you all the best for 2024, and look forward to seeing the fruits of your labours submitted for consideration with NZJP.

Marc Wilson

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