

½ day Workshop 5 September, 9.00am – 12.30pm

Developing cultural competence for working with diverse sexualities

Dr Paula Collens

Dr Elizabeth du Preez

We aim to provide a learning space for participants to grow their awareness, knowledge and skills in working with lesbian, gay and bisexual clients. Through didactic presentation of theory and research and through experiential and creative exercises, we will offer a space to think about sexualities in relation to yourself, other and context.

We draw on experience and expertise on sexualities derived from our clinical, academic and research backgrounds including:

- Clinical, consultancy and training experience (London and NZ) on working with LGBTQI
- Co-leaders of LGBTQI research group at School of Public Health and Psychosocial Studies AUT
- Academic Supervision of PhD and Masters theses on sexualities and gender identities.

About the presenters:

Dr Paula Collens is a senior lecturer in psychotherapy and Head of Learning, Teaching and Curriculum Development for the School of Public Health and Psychosocial Studies, AUT University. She has been employed in universities in London and Auckland and has developed educational, research and therapeutic initiatives that foster awareness of LGBTQI+. Paula qualified and practised in the UK as an integrative arts psychotherapist, EMDR trauma therapist and counselling psychologist (UK HCPC Reg).

Dr Elizabeth du Preez is a counselling and clinical psychologist with 19 years experience in South Africa and New Zealand. She is the Head of Clinical Services at the School of Public Health and Psychosocial Studies at AUT University and practices clinically at Central Psychology in Auckland. Elizabeth has a particular interest in the wellbeing of LGBTQI young people, ethical considerations in therapeutic practice and couple and family work.