



Professor Anthony Grant is globally recognised as a key pioneer of Coaching Psychology and evidence-based approaches to coaching. Anthony left school at the age of fifteen with no qualifications and trained as a carpenter. Embarking on a second career in direct sales he began tertiary studies in 1993 as a mature age student, commencing a third career in psychology his 40's. He holds a BA (Hons), an MA in Behavioural Science and a PhD on Coaching Psychology. In January 2000 Anthony established the world's first Coaching Psychology Unit at Sydney University where he is the Director of the Coaching Psychology Unit. He has over 100 coaching-related publications and over 5000 hours of coaching experience as well as extensive organisational consulting experience on leadership and coaching issues. He is a Visiting Professor at Oxford Brookes University and Henley Business School and an Associate Fellow at the Saïd School of Business, Oxford University. In 2007 Anthony was awarded the British Psychological Society Award for outstanding professional and scientific contribution to

Coaching Psychology. In 2009 he was awarded the "Vision of Excellence Award" from the Institute of Coaching at Harvard for his pioneering work in helping to develop a scientific foundation to coaching. He was a 2014 Scientist in Residence for the ABC - the Australian National Broadcaster and in 2016 was awarded the Australian Psychological Society "Workplace Excellence Award for Coaching and Leadership". In 2017 he received the "Contribution to Coaching Award" from Reading University's Henley Business School. He enjoys playing loud (but unfortunately not particularly Claptonesque) blues guitar.

Keynote: What is Coaching Psychology? Who are we? Where are we? Where are we going?

In this invited keynote address Professor Anthony Grant discusses the emergence of Coaching Psychology, firstly as a specific psychological practice, and secondly as an evidence-based discipline of behavioural science. In doing so he explores what distinguishes Coaching Psychology from other domain-specific psychological practices, and from coaches who utilise non-psychological coaching approaches. He discusses the nature of evidence-based coaching and addresses potentially controversial issues such as "aspirationally-evidence-based" neuro-coaching. A key theme of the keynote is how coaching-specific research from the behavioural sciences can inform coaching practice and why coaching-specific research and Coaching Psychology are vital if the coaching industry is to continue to grow and to truly fulfil its potential.