



John Sommers-Flanagan is a clinical psychologist and Professor of Counselor Education at the University of Montana. He is author or coauthor of over 60 professional publications and eight books. His books, co-written with his wife Rita, include *Tough Kids, Cool Counseling* (2nd ed., 2007), *How to Listen so Parents will Talk and Talk so Parents will Listen* (2011), *Clinical Interviewing* (6th ed., 2017), and *Counseling and Psychotherapy Theories in Context and Practice* (3rd ed., 2018). Dr. Sommers-Flanagan has been publishing articles, book chapters, and videos on suicide since 1995 and is a sought out keynote speaker and professional workshop trainer in the areas of (a) counseling youth, (b) working with parents, and (c) suicide assessment/intervention. He is also co-host of the *Practically Perfect Parenting Podcast*. In his wild and precious spare time, John loves to run (slowly), dance (poorly), laugh (loudly) and produce home-made family music videos.

Workshop: A Strengths-Based Approach to Suicide Assessment, Intervention, and Management: Professional and Community Collaboration and Coping

The word “Suicide” often triggers clinician anxiety. To help you cope with suicide-related anxiety while providing competent assessment and intervention services, this workshop will emphasize eight core dimensions of suicide as they pertain to: (a) clinician self-awareness, (b) fundamental suicide knowledge, (c) skills for conducting suicide assessments and interventions, and (d) treatment and safety-planning strategies. Specific video clips and participant discussion will be used to illustrate how to meet suicide ideation with acceptance, focus on patient strengths, build hope, address culture, and collaborate with patients, families, and stakeholders in understanding and preventing suicide.