

**Guest speaker: Catriona Davis-McCabe**

***Clinical practice with transgender and non-binary clients***

Transgender people identify as having an internal sense of gender that differs from their gender assigned at birth. Trans is an umbrella term that can include people who identify as: transgender, gender non-binary, genderqueer, sistergirl, brotherboy, gender variant and other identities. Catriona will provide an overview of current thinking in terms of language, the transition process, appropriate psychological interventions and clinical stumbling blocks. She will also discuss some recent research titled 'The lived experience of trans people in Australia: transition and counselling psychology'.

Learning objectives:

Understand gender identity and the gender identity continuum

Understand the transition process

Tips for providing trans friendly psychological therapy



**Dr Catriona Davis-McCabe** is a Counselling Psychologist and National Chair of the Australian Psychological Society (APS) College of Counselling Psychologists. She is a Senior Lecturer at Curtin University, Western Australia, and is research active in the area of transgender issues, gender identity and gender diversity. Catriona has been in clinical practice for 15 years