The Auckland Branch of NZCCP invites you to:

**Attachment Across the Lifespan: Theory and Practice**

*Sarah Calvert*

**Why do psychologists need to know about attachment?**

The aim of the workshop will be to provide an outline of why Attachment Theory has become a significant aspect of understanding and working with human behaviour. The workshop will use current thinking and new ideas which have developed from Attachment Theory but which are now considered the exciting, cutting edge of understanding what it means to be human. It will also provide an opportunity for participants to work with assessment tools such as the brief form of the Adult Attachment Interview. Access to video material will form part of the teaching. The day will also encourage participants to consider how to use attachment theory in their clinical work with both adults and children.

The format will be designed to allow for participation and engagement from everyone, no matter what level of understanding they have about the area. Resources will be available for participants to review.

**Learning Objectives.**

1. To understand current literature and clinical material in the field
2. To understand why Attachment literature has become so central across a range of areas including child development, psycho-pathology and therapeutic interventions for individuals and couples.
3. To review how to use assessment tools that are attachment based.
4. To develop understanding of the application of attachment based therapeutic interventions for adults, children and families.

Sarah Calvert is a Clinical Psychologist whose interest in attachment began at the start of University when she was introduced to it by Prof Jim Ritchie and his wife, Jane. It has remained a mainstay of both her clinical and research work and she has been delighted to see modern research techniques begin to demonstrate the subjective world of individuals and the core underpinning of that in attachment theory. Sarah works in Private Practice and as a consultant researcher.

**Date:** Friday 12 September, 9.30 am – 4.00 pm  
**Venue:** St Columba Centre, 40 Vermont St, Ponsonby, Auckland  
*Morning tea and lunch provided.*

*Register online here*

*Any queries to: lwoolf@vodafone.co.nz*