

Whai Tikanga: Values based practice

This workshop introduces participants to the the Whai Tikanga Values card sort (WT-VCS). The WT-VCS is aligned with the basic tenants of a Values Card Sort (VCS) as used within Motivational Interviewing. However, the WT-VCS incorporates traditional Māori values and whakatauki (Māori proverbs) and links to further activities associated with Te Whare Tapa Wha.

This approach assists practitioners to engage with Māori at a meaningful level, and to develop discrepancy between what is important to the individual and their whānau - and problematic behaviour such as violence and substance use.

The Whai Tikanga Values card sort (WT-VCS) leads onto a range of other activities aligned with Maori models of health such as Te Whare Tapa Wha. These include the Whai Tikanga Pleasant Events Schedule and Korurangi (form of a socio-gram). These will be introduced at the end of the workshop.



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